Wolves in the Gila p. 5
Spanish for Medical Professionals p. 21
Holiday Tamales p. 12
more than 30 new classes inside!
KEEP LEARNING!

Enjoy the rich heritage of New Mexico this fall through SFCC Continuing Education classes.

Hike through the wilderness across New Mexico and learn about the geologic and natural landscapes with our renowned instructors. Discover New Mexico history from the 17th century to modern times with a former state historian. Celebrate Día de los Muertos with your children in our culinary lab. A Spanish Market Master Artist will teach you tin working.

You can also swim, dance, paint, cook, write, golf, sew, speak Spanish or plan your financial future with our nationally known instructors who choose to make Santa Fe their home. They are ready to share their knowledge and skills.

Kris Swedin
Director of Continuing Education and Contract Training

Customer Satisfaction Guarantee:
Your satisfaction is our highest priority. 
If at any time you are not fully satisfied with your class, site or instructor, call 505-428-1676.

On the cover:
CE Student, Joyce Oliver

NEW CLASSES INCLUDE:
Master Gardening Sampler ........ p. 17
Meet a Real Life Indiana Jones... p. 22
Financial Cybersecurity .......... p. 24
Producing Successful Galas ....... p. 29

Look inside for many more!
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Classes with a reference are off-campus.

You’re invited
Continuing Education and Contract Training

OPEN HOUSE

Thursday, Sept. 5
Room 131, Main Building
10 a.m. to 2 p.m.
~Registration is open from 8 a.m. to 5 p.m.~

Bring your friends to meet your instructors, fellow students and introduce them to our wide array of classes. Register or buy a gift certificate while enjoying refreshments with the Continuing Education team.
NEW! When We Were Mexicans
Discover the short period (1821-1848) when New Mexico was part of the Mexican Republic, a neglected and misunderstood period of New Mexico history. Learn what New Mexico’s own extensive Mexican-period archives tell us about the critical events that unfolded as the province transitioned from being a part of the Spanish empire to part of the Mexican Republic and eventually an occupied territory of the United States.

Sept 26, Th, 6-7:30p
CRN 21711
Torrez, Fee: $29

NEW! Geology of Abiquiu: Weekend Seminar at Abiquiu Inn
Join geologist Kirt Kempter for a three-day exploration of the remarkable geology of the Abiquiu area including hikes to canyons and vistas that inspired many of Georgia O’Keeffe’s iconic paintings. Discover the major rock units in the area with discussions of their unique landscapes, environments and life. Presentations on Abiquiu geology will be provided at the Abiquiu Inn and in the field. Food and lodging costs are not included in the registration fee. Once registered, SFCC will facilitate your lodging reservations at the Abiquiu Inn. Participants should bring appropriate hiking attire and clothing for the duration. Walking sticks recommended.

Dec 5-Dec 7, Th-FS, 5p-noon
CRN 21728
Kempter, Fee: $249

Chaco Canyon: One Day
This World Heritage Site and national park hosts a complex of buildings that reflect a knowledge of celestial relationships. This one-day journey gives you firsthand experience of the beauty, precision and intricacy of several Great Houses. Walk through most of the architecture of “downtown Chaco,” as well as Una Vida. Many sites in the canyon align to the solar standstill, and Pueblo stories can provide illumination on the worldview still living in the stones. Students will travel in a college van. Bring your own lunch, snacks and plenty of water.

Oct 19, S, 5:30a-7:30p
CRN 21720
Neuwirth, Fee: $149

NEW! Rebellion and Resistance: Northern New Mexico
Explore critical events in northern New Mexico history characterized by cultural conflict, violence and uneasy accommodations that have influenced New Mexico to the present day. Review the “bloodless” occupation of New Mexico by US troops in 1846 and the northern New Mexico uprising known as the Revolt of 1847. The ruthless suppression of this armed resistance had a significant impact on the development of early territorial New Mexico. Learn about the subsequent loss of community land grants issued by the Spanish and Mexican governments and the resistance movements such as the white caps of the late nineteenth century, the mano negra, or Black Hand of the early twentieth century and Alianza.

Oct 5, 9a-5p
CRN 21719
Neuwirth, Fee: $79

NEW! On the Road to Chaco and Aztec: Overnight Trip
Explore the Chacoan world with archeologist Martha Yates on a two-day overnight adventure. Prepare for your journey with a presentation at SFCC, and then two days later, your road trip to two World Heritage Sites begins. At Chaco Canyon, visit the Great House of Pueblo Bonito, the Great Kiva of Casa Rinconada, the petroglyphs and amphitheater. Day two you will visit Aztec National Monument, the subterranean Great Kiva of Aztec. Overnight at the Farmington Hampton Inn and dine at the Three Rivers Brewery. Lodging and meals are not included in registration fee. Drive your own vehicle and meet the instructor at a pre-arranged location. More details provided upon registration.

Oct 30-Nov 3, W, 5-7:30p
SSu, 9-11:30a, CRN 21838
Yates, Fee: $199

Register by calling 505-428-1676
Ecology of Piñon and Juniper Woodlands
Piñon and juniper woodlands are dynamic ecosystems and display many diverse facets of species interactions. During two walks you’ll encounter multiple levels of ecology, from the pervasive, microscopic crypto-biotic crusts to the global scale of climatic variation. Discuss the interplay of human-induced change, drought, fire, competition and cooperation between piñons and junipers, episodic outbreaks of insects, and why this ecosystem is the most sensitive to small variations in moisture and temperature. Long- and short-term temporal cycles can be seen all around. Class size is limited to a small number. Students will carpool from SFCC. Bring water and your lunch.

- Nov 2, Su, 8a-5p
  CRN 21721
  Neuwirth, Fee: $79

NEW! Wolves in the Gila: Overnight Trip
Join Mexican Gray Wolf expert David Parsons and naturalist Janie Chodosh for four days to explore the remote northern Gila, the world’s first designated wilderness area. Look for signs of wolves, native birds and other wildlife as you hike up to five miles a day. Learn to identify animals by their tracks and scat. Accommodations are reserved at the Hidden Spring Inn outside of the town of Reserve, NM. Elk and other wildlife pass through the inn’s property and drink from the pond, which is the only surface water in the area. Enjoy evening dinner discussions with instructors and fellow students. After your registration is confirmed, you will need to make your hotel reservation and pay with a credit card. You will drive your own vehicle and meet the instructors at a pre-arranged location. Bring snacks, water and sunblock for the hikes and wear layers, appropriate footwear and be prepared for rain.

- Sept 20-Sept 23, FSSuM, 5p-10a
  CRN 21706
  Chodosh and Parsons, Fee: $399

Hidden Passage to Copper Canyon Abiquiu
This one-day hiking adventure will explore a unique, hidden canyon in the Abiquiu area. A 3.5-mile round trip hike will take us through a small canyon that exposes brilliantly colored rock layers at the boundary between the Rio Grande Rift and the Colorado Plateau. We then ascend 400 feet to an overlook of Copper Canyon — a broad, majestic canyon well off the tourist trails. Wonderful photography opportunities with superb geology are in every direction. Field discussions will focus on the changing shape of the landscape in this region of northern New Mexico, as persistent geologic and erosional forces have sculpted the landscape over time.

- Nov 17, Su, 9a-5p
  CRN 21723
  Kempter, Fee: $149

NEW! Crypto-Jews in Colonial New Mexico
Explore an almost forgotten aspect of New Mexico history from 1391 to 1810. Learn about Jewish Conversos or Converts who fled the Spanish, Portuguese and Mexican Inquisitions to find a home. Discover how medieval politics affected the New World and caused people to hide their religious practices to survive. Instructor Isabelle Sandoval is a descendant of New Mexico Crypto-Jews. She will share her journey through history, genealogy and the traditions of her New Mexican ancestors. Sandoval’s book Guardians of Hidden Traditions is included in the price of the class.

- Oct 21-Oct 28, M, 6-8p
  CRN 21837
  Sandoval, Fee: $79

NEW! Geologic Hike at Deer Creek near Glorieta
Explore the superb geology of the southern Sangre de Cristo Mountains southeast of Santa Fe. The highlight will be a three-mile round-trip hike up Deer Canyon, southwest of the village of Glorieta. Along the trail are several sedimentary rocks dating to more than 320 million years ago, when warm shallow seas covered most of New Mexico. Observe one of the longest and most important faults in northern New Mexico, the Pecos-Picuris fault, which was particularly active during the rise of the Sangre de Cristo Mountains between 70 and 40 million years ago. After the hike, drive to an exceptional overlook of the Pecos Valley and discuss the big-picture geology of the southern Sangre de Cristo Mountains. Bring appropriate hiking gear, water, lunches and snacks. This easy-to-moderate has an elevation gain of 100 feet. Hiking poles recommended.

- Oct 4, F, 9a-5p
  CRN 21724
  Kempter, Fee: $149

NEW! Geologic Hike along the Cañones Fault Zone
Explore the continuation of the Cañones fault zone to the south of Copper Canyon in Abiquiu, juxtaposing the Colorado Plateau and the Rio Grande Rift. Geologist Kirt Kempter will lead a 4.5-mile hike up a canyon that parallels and intersects the Cañones fault zone. Many different rock units are exposed in the canyon, including gorgeous formations and colors in
strata from the Triassic and Jurassic periods. Convene in Abiquiu at a designated location and carpool to the hike location. Bring appropriate hiking attire, picnic lunches and water. Walking sticks recommended.

Oct 11, F, 9a-5p
CRN 21725
Kempter, Fee: $149

NEW! Geologic Hike at Ball Ranch: The Ortiz Volcano and Petrified Forests
Geologist Kirt Kempter will lead you on a four-mile hike through Ball Ranch, currently designated as an Area of Critical Environmental Concern. Traversing the Arroyo del Tuerto, observe spectacular exposures of the Espinaso and Galisteo Formations, revealing ancient forests in a floodplain environment (Galisteo Formation) and the life cycle of the Ortiz volcanic system (Espinaso Formation). The hike will be over irregular terrain and involve an elevation gain of 400 feet. Bring appropriate hiking attire, picnic lunch and water. Walking sticks recommended. Ball Ranch is located between Hwy 14 and Interstate 25 on the east side of the Ortiz Mountains.

Oct 25, F, 9a-5p
CRN 21726
Kempter, Fee: $149

NEW! Geologic Hike at Diablo Canyon
Explore the volcanic story behind Diablo Canyon and observe the sweeping vistas of the Jemez Mountains and White Rock Canyon. Geologist Kirt Kempter will lead you on a trail that climbs 450 feet in elevation, providing overlooks into Diablo Canyon. The geologic story from above reveals a volcano that created explosive eruptions, a cinder cone, widespread lava flows, and finally a lava lake, still frozen in time. If you have hiked Diablo Canyon before, this will certainly provide a different perspective on this remarkable feature. Meet at a designated parking area on Camino La Tierra and bring appropriate hiking attire, picnic lunch and water. Walking sticks recommended.

Nov 8, F, 9a-5p
CRN 21727
Kempter, Fee: $149

Seasonal Wildflower Identification
Would you like to have the tools and skills to identify nearly every native plant in our area? Learn the concepts and terms necessary to understand an identification key. An introductory classroom session familiarizes you with the botanical basics of flower anatomy. Hit the field on the weekend and visit several different habitats. You are guided through the steps in the key to build your ability to know the wildflowers of the area. The half-day session involves easy hiking. Please bring your own magnifying glass and small ruler.

Sept 5-Sept 7, Th, 6-9p and S, 8a-2p
CRN 21714
Neuwirth, Fee: $79

Hiking into Antiquity: Posi-Owinge
Posi Owinge, the largest ancient village located along the Rio Ojo Caliente, dates between 1350 to 1550 CE. Dr. Martha Yates leads this two-mile round trip hike introducing class participants to the villages, kivas, plazas, mounded room blocks, pottery and tools. Spend time in the ancient village and walk the agricultural fields of the ancestral pueblo people to learn about their farming techniques. The trail is moderately steep for the first 10 minutes; after that, it is an easy- to moderate-hike.

Nov 10, Su, 10a-2p
CRN 21703
Yates, Fee: $89

NEW! A Constant State of War
Between the 17th and 19th centuries, the Spanish, its allied Pueblos and the nomadic tribes that surrounded New Mexico were in a cycle of raids, retaliation, peacemaking, and then resumption of war. These conflicts consumed more resources and cost more lives than any other aspect of New Mexico history except, possibly, for the periodic smallpox epidemics. Explore the constant state of war that characterized the Spanish and Mexican eras in New Mexico, the juntas de guerra (war councils) held to decide how to respond to these raids, the subsequent organization of military campaigns and peace negotiations that often followed. Discover the long-term effects this had on New Mexico’s development and history.

Sept 12, Th, 6-7:30p
CRN 21710
Torrez, Fee: $29

NEW! Exploring the Bisti Badlands and De-Na-Zin Wilderness Areas: Overnight Trip
The Bisti Badlands in northwestern New Mexico contain some of the most spectacular and bizarre geologic formations in the state. Gravity-defying hoodoos and multi-hued shales give this lunar landscape a stunning visual appeal. Similar geologic units and formations decorate the adjoining De-Na-Zin wilderness area. Join geologist Kirt Kempter on a two-day exploration of this unique corner of New Mexico, well off the beaten tourist path. After departing Santa Fe Friday,
you will spend afternoon hiking approximately 4 miles through the badlands of De-Na-Zin, then traveling north to Bloomfield to spend the night at a Best Western Hotel. Following breakfast on Saturday, depart for a several-hour exploration of the Bisti Badlands, hiking approximately 5.5 miles before returning to Santa Fe. Bring appropriate desert attire and water. Walking sticks recommended. After registration is confirmed, you will need to make your hotel reservation and pay with credit card. You will drive your own vehicle and meet the instructor at a pre-arranged location.

Nov 1-Nov 2, FS, 9a-7p
CRN 21722
Kempter, Fee: $199

NEW! Introduction to Fly Tying
Would you like to tie nymphs, dry flies and streamers to catch more fish? Discover how to use fly tying tools and materials and develop skills in tying basic fly patterns. Learn about entomology of local insects and local bodies of water. Gain confidence to try more advanced and creative fly tying patterns.

- Sept 26-Oct 24, Th, 5:30-7:30p
- CRN 21855
- The Reel Life, Fee: $99

NEW! Hiking Antiquity: Mesa Prieta Petroglyph Site
This one-mile round trip hike led by Dr. Martha Yates takes the class through one of the most stunning petroglyph sites in New Mexico, famous for its shield figures, many flute-playing animals, water snakes and Spanish crosses from the historic period. Visit the Wells Petroglyph Preserve owned by the Archaeological Conservancy. At only 156-acres, this portion of the Mesa contains more than 9,000 petroglyphs dating from Archaic (2,000 - 5,000 years old) to modern times. For the last 24 years, the Mesa Prieta Petroglyph Project, a non-profit with numerous national awards for its work, has been helping to preserve the Mesa’s cultural heritage. More than 45,000 images of the estimated 80,000 on the Mesa have been recorded by the Mesa Prieta Petroglyph Project.

- Nov 9, S, 10a-2:30
- CRN 21701
- Yates, Fee: $69, Lab Fee: $35

NEW! Mandalas of the Great Round
Experience a creative arts and self-discovery journey exploring mandalas. Use your favorite art mediums to play with these meditative art forms. Adapted from Joan Kellogg’s Great Round of Mandala archetypes and Jungian theories of personal growth, learn about the 12 life stages of mandala.

- Nov 9, S, 10a-2:30
- CRN 21701
- Yates, Fee: $69, Lab Fee: $35

Create colorful images representing each stage. All levels welcome.

- Sept 21-Oct 12, S, 9a-noon
- CRN 21600
- Pattison, Fee: $149

Michael McGuire’s Fall Watercolor Workshop
This workshop is for those who have had at least minimal experience using watercolors, either by attending “Fun with Watercolor” class, from other classroom experiences or from being self-taught. Practice the medium, while exploring new ways to paint and problem solve in a friendly and supportive environment. Choose your own subject matter and paint in your own technique. Instructor demos and feedback, occasional slide show discussions and a brief “show and tell” period will conclude each session.

- Sept 19-Nov 21, Th, 12:30-4:30p
- CRN 21587
- McGuire, Fee: $379

Life-Drawing Studio
Designed for those who would like to spend more time on one figure drawing. After a series of brief warm-up gestures, the model will maintain one long pose lasting about two hours, giving you time to develop your drawing and work on aspects of the figure that give you trouble. Personalized critiques focus on accuracy of gesture, proportion, volume and artistic anatomy.

- Aug 13-Sept 17, T, 6:30-9p
- CRN 21596
- Gorges, Fee: $189

NEW! Paint BIG: Contemporary Abstract Expressionism
Do you have a desire to loosen your grip on how you paint? Discover the fun of large gestural drawing in acrylic. Explore movement, composition, color and shape as well as additive and reductive
technique. Create with gesso, vine charcoal and pastels for under-painting and acrylic paint using large brushes. Learn about artists from the past and present who initiate non-objective narrative as their primary artistic focus.

Sept 9-Sept 23, M, 5:30-8:30p
CRN 21803
Mantecon, Fee: $179

Charcoal Landscape Drawing I
Charcoal is a rich and lively medium with which you are able to create powerful black and white imagery. Not only is it easy to work with, it is a fun way to translate the landscape into a finished work of art. Using simple vine charcoal, learn to draw images in no time that look exactly like the scene you’re viewing. If you enjoy painting with very large brushes, you will appreciate learning to fashion charcoal into "brushes" that sweep across the paper with ease and delight. You’re not just learning to draw a landscape; you’re experiencing how to paint one.

Sept 14-Oct 12, S, 12:30-4:30p
CRN 21593
McGuire, Fee: $225

Charcoal Landscape Drawing II
Practice and perfect skills first introduced in the Charcoal I class. Explore additional expanded concepts to further understand the anatomy of a landscape: depth, perspective, light and shadow, surface texturing and “interest-centers.” Instructor demos will be individualized to serve your need as you focus on individual projects. Question and answer and feedback sessions will round out the experience. Anyone who has taken this series before is welcome.

Oct 19-Nov 16, S, 12:30-4:30p
CRN 21594
McGuire, Fee: $225

Experimental Drawing and Mixed Media With a Dash of Collage
Immerse yourself in experimentation and openness to process using Golden’s Acrylic Ground for Pastels and Absorbent Ground as vehicles for compositions working with pastel, charcoal, pencil, collage, markers and inks. Review and work with the basic elements of drawing: value, line, space, gesture, color and texture as you discover your own personal mark-making and interests. Find the surprise in a finished drawing as you move through a formal and personal process. All levels of expertise are welcome. Incorporating photo collage is an option for more advanced students. You may choose to take this class again over a series of semesters as you advance your work to higher levels.

Sept 7-Oct 12, S, 9:30a-noon
CRN 21586
Rolnick, Fee: $179,
Materials Fee: $20

Abstract Acrylic Painting
Emphasize individual expression by learning to follow your own thinking, feeling and seeing through paint. Enjoy an adventure in creative courage and opening the imagination. Many techniques and styles are demonstrated as you are guided to develop a personal vision. Learn to paint with freedom and try new approaches that lead to breakthroughs. All styles are supported. Experience the poetry in painting and the joy of creating.

Sept 7-Oct 26, S, 1-4p
CRN 21597
Long, Fee: $189

Fun with Watercolor I
This short course introduces beginning students to the joy of creating beautiful watercolors. You will discover easy and fun ways to use paint brushes and paper to create lovely effects that will excite and entertain. Starting with basic brush manipulations, explore different subject matter while practicing a variety of paint applications on both wet and dry paper. Three important painting styles will be introduced, as well as strategies for starting, executing and finishing paintings in no time. The emphasis will be on having lots of fun with watercolors while learning solid fundamentals and professional skills and techniques.

Sept 18-Oct 16, W, 12:30-4:30p
CRN 21588
McGuire, Fee: $225

Fun with Watercolor II
The beauty and challenge of painting in transparent watercolor will be explored in this continuation of the “Fun with Watercolor” course. Any painter who has some experience in watercolor is welcome to join this class, which explores professional-quality techniques, composition possibilities and
advanced strategies for beautiful watercolors.

Oct 23-Nov 20, W, 12:30-4:30p
CRN 21589
McGuire, Fee: $225

Drawing on the Right Side of the Brain I
Discover the perceptual skills necessary for realistic drawing. In a carefully sequenced process, learn how to see differently, in a way that enables you to draw with a high degree of skill finish drawings from live models with realistic likenesses. No previous drawing experience is required.

Aug 20-Oct 8, T, 6-8p
CRN 21582
Mariel, Fee: $179

Monotypes: Creative Printmaking Without a Press
Monotypes, unlike many other printing methods, do not require a press. They offer the exciting freedom to work with a variety of materials and methods that give you the opportunity to create with spontaneous and often surprising results. Explore the unique impressions that can be created by combining these techniques and simple materials to achieve a creative understanding of this fun and versatile printing method. For seasoned artists and beginners alike. No class on Nov 27.

Oct 23-Dec 4, W, 6:15-8:15p
CRN 21802
Gorian, Fee: $149

Drawing on the Right Side of the Brain II
A continuation of Drawing on the Right Side of the Brain I, you will focus primarily on portrait drawing. Refine your perceptual skills and learn to draw with a high degree of accuracy producing very realistic drawings. Work from live models and plaster casts. Create in-depth studies of Old Master drawings. Pre-requisite: Drawing on the Right Side of the Brain I or approval from instructor.

Oct 15-Dec 3, T, 6-8p
CRN 21583
Mariel, Fee: $179

Meet your instructors on page 33.

Acrylic Landscape Painting
The landscape has inspired countless artists to push past direct realism in order to find a symbolic, abstract or spiritual voice. The goal is to go inside the landscape, depicting with acrylic paint or mixed media the feelings, sensations and impressions you experience. Discover important artists who have explored the landscape. Explore artists play with figure/ground relationships and those who use light and color to carry their vision. Learn to see and paint in new ways, explore the painting process and take creative risks as you feel the pulse of the earth and your relationship to it.

Sept 7-Oct 26, S, 9a-noon
CRN 21598
Long, Fee: $189

Children's Book Illustration
Aspiring illustrators or experienced artists gain some insight into the world of children's book illustration in this workshop. Learn through the process of illustrating a book from initial sketches to final art and publication. Cairns demonstrates techniques she has used for many of her books as she encourages you to experiment with different mediums. Bring a project you are working on or any ideas, stories or photos for inspiration. All levels are welcome.

Sept 7-Sept 28, S, 9a-1p
CRN 21581
Cairns, Fee: $159

Drawing, Painting and Mixed-Media: Finessing an Artwork to Completion
Come and enjoy a “laboratory” setting for developing work from painting, collage, drawing and/or mixed-media materials. Learn to see the possibilities that an artwork-in-progress may present utilizing the formal art elements of value, line, form, color, texture, weight and more. Explore and experiment with various media and materials working with abstraction or imagery. Individual instructor attention and group participation in ongoing discussions of work in progress is an important aspect of the class. Gather information, knowledge, and inspiration from other artists’ images as you see and finesse your artwork to completion. You may choose to take this class again over a series of semesters as you advance your work to higher levels.

Oct 18-Nov 22, F, 9:30a-noon
CRN 21585
Rolnick, Fee: $179, Materials Fee: $20
Unconventional Watercolor I: Loose and Free
Learn basic techniques of watercolor, with an emphasis on freeing methods that are easy, enjoyable and take full advantage of the medium. Instructional techniques include mini demos, mock-ups, student exercises and plenty of one-on-one mentoring.
Oct 14-Dec 2, M, 11a-2:30p
CRN 21584
Schroeder, Fee: $249

Pueblo Style Loom Beading
The art of loom beading beautifully captures designs that are created on paper and then strung on a loom. Develop an appreciation of the art form and create bead work pieces that attach to soft deerskin fitted to brass to create jewelry, tapestry and other treasures. Design patterns with multiple colors and learn ladder, brick and peyote stitches from Marvin Gabaldon, featured artist at The Heard Museum Indian Market in Phoenix, AZ.

Calligraphy and Lettering Arts
Learn the art of beautiful writing using the simplest of tools, a chisel-pointed pen nib and ink. Practice the lower and upper case letterforms of italic writing. This hands-on course allows you to explore pen, ink and paper while practicing techniques. Finish class with your own samplers to keep and practice. Taught by professional calligrapher Sherry Bishop.
Nov 6-Nov 27, W, 6-8p
CRN 21635
Bishop, Fee: $79

CRAFTS

NEW! Stained Glass Lamp Shade
Have you always wanted to build your own Tiffany-style stained glass lamp shade? Choose from several designs and learn how to select and cut glass, wrap with foil, solder and apply patina. Repurpose an old lamp base or purchase a new one for the shade you will complete by the end of the course. Share your creativity with other students as you gain skills. Tools, glass and supplies are not included in the class fee and may cost about $180.
Sept 5-Oct 24, Th, 6-9p
CRN 21811
Sulzberg, Fee: $149

NEW! Fabric Painting
Have you ever wanted to print your own design on a textile? Discover the art of custom-fabric design using the block printing process. Explore how functional art can positively impact your day-to-day experiences and finish a custom printed fabric project in class.
Oct 5, S, 10a-3p
CRN 21813
Brindley, Fee: $89, Materials Fee: $10

Silver Jewelry Using Metal Clay
Silver metal clay is an exciting material consisting of silver particles in a nontoxic binder and water. It looks, feels and acts like clay. When heated, the binder and water burn away to leave 99-percent pure silver. Practice firing with a small butane torch, an easy process that takes just minutes. Experienced artists will find this material fascinating, but no previous experience is needed. Leave class with finished jewelry.
Learn the basics in one day and be able to begin on your own.
Sept 30, M, 10a-5p
CRN 21636
Carrillo, Fee: $179, Materials Fee: $29

Silver Jewelry Using Metal Clay
Have you always wanted to build your own Tiffany-style stained glass lamp shade? Choose from several designs and learn how to select and cut glass, wrap with foil, solder and apply patina. Repurpose an old lamp base or purchase a new one for the shade you will complete by the end of the course. Share your creativity with other students as you gain skills. Tools, glass and supplies are not included in the class fee and may cost about $180.
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Learn the basics in one day and be able to begin on your own.
Sept 30, M, 10a-5p
CRN 21636
Carrillo, Fee: $179, Materials Fee: $29

BEGINNING SEWING: PANTS AND SKIRTS
Discover basic sewing concepts through the creative process of making a skirt or pants. Learn to operate basic machinery and understand garment assembly and construction techniques. This course can help students interested in fashion design prepare to move into the credit program at SFCC.
Sept 14-Oct 5, S, 9:30a-2
CRN 21620
Harris, Fee: $89

Stained Glass
Bring the warmth and beauty of stained glass into your home with a project you will complete in weeks. Learn all the basic skills of glass cutting and construction in this hands-on class that demystifies the art of cutting glass. This course focuses on the design and construction of stained glass using the Tiffany method to make several windows. Students are expected to purchase their own materials.
Sept 24-Nov 12, T, 6-9p
CRN 21623
Sulzberg, Fee: $149

Make a Pattern From a Garment
Is your favorite garment worn out? Have you found the perfect outfit and wish you had another just like it? Come learn how to make a paper pattern from your favorite clothing without taking it apart. This course demonstrates tools and techniques of beginning pattern making. Basic sewing knowledge is required. Elizabeth Harris has been
teaching sewing at SFCC for over 15 years.

Oct 26, S, 9:30a-12:30p
CRN 21621
Harris, Fee: $49

Relief Printmaking
Start with a drawing, end with a print! Relief printmaking is a process that can be used to create fabric patterns, gift wrapping paper, holiday cards, decorative artwork and much more. Learn the process in this two-part class. Carve and print your designs, start speaking like a printmaking pro and gain inspiration from the stories and works of many printmakers in Santa Fe’s history. You will work with both single- and multi-color printing.

Sept 21, S, 10a-3p
CRN 21639
Brindley, Fee: $89,
Materials Fee: $10

Beginning Tinworking
The art of tinwork has been practiced in many parts of the country and throughout the world. New Mexican tinwork has a unique style influenced by generations of craftspeople. Award-winning Spanish Market artist, Richard Gabriel, introduces you to the tools used in traditional New Mexico tinworking. Learn punching, cutting and embossing techniques while working from start to finish on pieces of your own. No previous experience necessary.

Sept 7-Sept 21, S, 10a-3:30p
CRN 21658
Gabriel, Fee: $125,
Materials Fee: $45

Advanced Tinworking
Improve your basic tinworking skills by learning advanced techniques, including embossing, glass work and patina. Practice these techniques while working on your own advanced project.

Sept 28-Oct 12, S, 10a-3:30p
CRN 21659
Gabriel, Fee: $125,
Materials Fee: $45

Black Letter: Part I
Blackletter, also known as Old English or Textura, is a bold, condensed and attractive historic writing style using the traditional broad-edged pen for calligraphy. It is an excellent hand for beginners and a great hand to add to your repertoire as an intermediate calligrapher. Focus on the basic mechanics of this style and gain an understanding of how letters are formed and the skills to produce it.

Oct 10-Nov 14, Th, 1:30-3:30p
CRN 21814
Hasson, Fee: $149

New Mexico Tin Ornaments
Work with noted tin artisan Richard Gabriel to create a handcrafted tin ornament for your New Mexico Christmas tree. No previous experience is needed to create a beautiful tinwork addition to your holiday decorating.

Dec 12, Th, 6-9p
CRN 21640
Gabaldon, Fee: $149,
Materials Fee: $20

Tin Tree-Topper
Nothing says northern New Mexico more than a handcrafted, tin tree-topper on your Christmas tree. No experience is needed to create your own tinwork design. A star, an angel or some other imaginative topper can be executed in tin and enjoyed by your family and friends for generations.

Dec 5, Th, 6-9p
CRN 21657
Gabriel, Fee: $39,
Materials Fee: $20

Last-Minute Gifts
Be prepared for all possible party invitations or dinners this holiday season. Master tin artist Richard Gabriel will help students make picture frames or candleholders out of tin in true northern New Mexico tradition. Students enjoy creating traditional and sometimes highly inventive designs on tin artworks, Richard Gabriel is a practicing tin artist whose work is shown nationally and extensively in this region.

Dec 10, T, 6-9p
CRN 21640
Gabaldon, Fee: $39,
Materials Fee: $20

Peyote Stitch
Discover a new way of creating peyote stitch projects. Gain an appreciation for the art form as well as create your own cylindrical bead work pieces. Finish a specially designed project during the course. By the end of this course, you should be able to start and finish projects on your own, select materials, design peyote stitch patterns and attach beads to many different objects. All you need is your creativity and imagination.

Oct 12-Oct 13, SSu, 10a-3p
CRN 21631
Gabaldon, Fee: $149,
Materials Fee: $20

Designing Unique Jewelry with Paper Beads
Transform colorful strips of paper into beautiful beads in this workshop led by multi-media artist Bunny Tobias. With her guidance, you will learn how to make the beads and craft 20-inch necklaces using exotic, colorfully-patterned Japanese handmade papers and other media. Explore how to add glass, metal or vintage jewelry parts to your creation. While you work, discover the history of paper and its use as wearable art. All tools and materials will
be provided — along with great conversation and inspiration.

**Aug 24, S, 10a-4p**
CRN 21633
Tobias, Fee: $149,
Materials Fee: $25

**Beadings with Appliqué Stitch**
Discover the technique of beading with the flat stitch using two needles. Start by beading rosettes and move on to something more dynamic. After learning the basics, create medallions, flowers or anything you can imagine. Let your creativity mold your design. By the end of this course you will be able to design and bead your own appliqué projects.

**Nov 2, S, 10a-3p**
CRN 21616
Bernal, Fee: $75, Lab Fee: $20

**Introduction to Cheese Making**
Join the ranks of at-home cheese makers. Discover how to make simple, classic cheeses without special equipment. Make small batches of cheeses such as fresh mozzarella, queso fresco, paneer and ricotta. Take home samples to share with your family and friends.

**Nov 9-10, SSu, 10a-3p**
CRN 21629
Gabaldon, Fee: $149,
Materials Fee: $20

**COOKING**

**NEW! Traditions: Holiday Tamales**
Generations of New Mexican families come together to make tamales for the holidays. Masa is the base of a good tamale that can be filled with carne and vegetarian fillings. Chef Maria Bernal will lead you on a culinary adventure and share stories of her tamale childhood memories while you cook. Start your own family tradition or learn new recipes to share with your family.

**Nov 9, S, 10a-3p**
CRN 21619
Bernal, Fee: $75, Lab Fee: $20

**Indian Vegetarian Home Cooking**
Curious about harnessing the delicious flavors of Indian home cooking? Learn how to make creamy Black Eyed Peas Curry with garam masala spice mix made from scratch, Green Mango Pilaf, Corn Masala Dry Curry, Fresh Cucumber and Onion Pickles, Potato Fritters and Coconut Cilantro Chutney. Discover the magic of the "Spice Mantra" philosophy that will allow you to cook with ease and entertain with confidence. Aditi Thatte will share her traditions, secrets and expertise of balanced spice cuisine.

**Sept 22, Su, 1-5p, CRN 21609**
**Oct 20, Su, 1-5p, CRN 21610**
Thatte, Fee: $75, Lab Fee: $20

**Greek Vegetarian Feast**
Discover how to prepare vegetarian favorites from Greece. You’ll learn how to successfully handle phyllo dough and how to make pita bread from scratch. Make spanakopita (spinach pie), Revithia (chick pea soup), Horiatiki (Greek salad) and finish with a delicious dessert of walnut.

**Oct 5, S, 10a-3p**
CRN 21615
Bernal, Fee: $75, Lab Fee: $20

**Día de los Muertos Celebration**
Día de los Muertos, or the Day of the Dead, honors and celebrates loved ones who have passed away. Mexican and Latino cultures celebrate by creating ofrendas or altars that adorn living rooms with photos and objects dear to the departed and most importantly, traditional foods to entice the dead to visit. Discover the traditions of this holiday; make Pan de Muertos (bread for the dead), decorate sugar skulls and make paper marigolds to adorn your own home altar. Gobble up the treats you make in class. Families with children welcome.

**Oct 26, S, 10a-3p**
CRN 21611 Fee: Adults $89,
Lab Fee: $20
CRN 21612 Fee: Kids $49

**`Ravnn’ On Wine: Exploring Quality**
Experience the entertainment of wine-tasting with Denisio (a.k.a. Ravnn). You see famous brands on TV but did you know that there are thousands of wines from those same regions available at a fraction of the price? Taste highly-rated wines from around the world produced by little-known wineries and learn tips to be a savvy wine buyer. Stop paying for advertising and invest in quality wine instead. All food and wine served in the class are included in the registration fee. Ravnn is an experienced wine and spirits specialist and wine educator in Santa Fe.

**Oct 17, Th, 5:30-7:30p**
CRN 21810
Tisland, Fee: $79, Lab Fee: $20
High-Altitude Baking
Are your cakes not rising? You are not alone. Chef Maria Bernal will share secrets for successful high-altitude baking. Santa Fe’s high altitude means taking science into account. Learn how to adjust formulas and ratios between rising agents, liquids and dry ingredients to produce quality cakes and cookies that fill your home with the aroma of fresh-baked goods. Perfect for beginners and experienced bakers.  
   Sept 14, S, 10a-3p  
   CRN 21614  
   Bernal, Fee: $75, Lab Fee: $20

Intermediate Screenwriting
Are you in the beginning stages of writing a short or full-length screenplay? Bring either an outline or treatment for your script to the first class. Explore opening scenes and read them aloud in class. Gather feedback from your fellow writers. Focus on structure, dialogue, character development and overall theme. Review scenes from existing films and read the corresponding printed script to see how things translate from page to screen.  
   Oct 2-Nov 6, W, 6-8p  
   CRN 21663  
   Leventman, Fee: $129

NEW! Women Writing for the Fun of It
Someday I’m going to write. If this sounds like you, choose to take time now to explore your personal style and voice. Focus on your creative process as you experience an array of writing prompts and encouragement to write in any format: poetry, autobiography, fiction or nonfiction. Enjoy a safe, supportive environment with no critiques. No experience is necessary.  
   Sept 11-Oct 16, W, 5:30-7:30p  
   CRN 21668  
   Kalil, Fee: $129

Write Your Memoir
Don’t let those family stories get lost; write a memoir so your children and grandchildren know their legacy. Discover how to tap into and shape those long-forgotten memories to create the most poignant, revealing and entertaining anecdotes. Questions and writing prompts will aid you in putting together your life story. Join a safe and welcoming group of enthusiastic writers for in-class exercises and discussions that will help you communicate through your own unique voice and point of view.  
   Oct 24-Nov 7, Th, 6:30-8:30p  
   CRN 21664  
   Camp, Fee: $69

How to Get Your Manuscript Published
Conferences, writing courses, critique groups. Do they work? What is the right way to approach a literary agent? In this introduction to publishing, professional literary agent Irene Kraass will be your guide through this complex and amazing world. Develop a dynamite query letter and learn about publishing contracts. Bring a copy of a possible query letter that you might send to an agent or publisher. You may also want to buy a copy of Jeff Herman’s Guide to Publishers, Editors and Literary Agents.  
   Oct 3-Oct 31, Th, 10:30a-12:30p  
   CRN 21662  
   Kraas, Fee: $99

Horsography: Writing Your Horse's Story
Horses stir powerful emotions in our lives and on the page. Portrayed as warriors, healers, teachers and companions, horses trigger a connection to natural, spiritual or mythical worlds. Investigate the horse’s power and majesty, authenticity and intuition in memoir, fiction and poetry.  
   Sept 18-Oct 16, W, 4-6p  
   CRN 21665  
   Sochocky, Fee: $129

DANCE
Basic Swing Dancing
Experience the fun of swing dancing. Learn the basics and beginning/intermediate moves in one of the increasingly popular dances in the United States. Using
the elements of dance as well as timing, connection and partnering, you will learn to West Coast swing. Gain the confidence to dance in a variety of social situations through a few fun and easy lessons. You will have the opportunity to dance with other students.

**Couples**  
Oct 2–Nov 6, W, 6:30–7:30p  
CRN 21698  
Noonan, Fee: $129

**Singles**  
Oct 2–Nov 6, W, 6:30–7:30p  
CRN 21699  
Noonan, Fee: $69

**Country Western Dance: Couples**  
Bring a partner and learn traditional country-western dances — the two-step, waltz and country swing — including basic turns and styling. The atmosphere is low-key, with an emphasis on building confidence in an activity you can enjoy for years to come. Price is per couple.  
Sept 24–Oct 29, T, 6:30–8p  
CRN 21688  
Rayburn, Fee: $139

**Salsa Dancing**  
This is an exciting, upbeat introductory class. Explore club-style salsa techniques and Latin rhythms. You will have the opportunity to dance with other students. Cheryl Noonan teaches and performs in the Santa Fe area for both public and private events.

**Couples**  
Oct 2–Nov 6, W, 5:30–6:30p  
CRN 21689  
Noonan, Fee: $129

**Singles**  
Oct 2–Nov 6, W, 5:30–6:30p  
CRN 21690  
Noonan, Fee: $69

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**FITNESS AND WELLNESS**

**Holistic Vision Care**  
Are your eyes getting worse every year? If you suffer from computer eyestrain, macular degeneration, glaucoma or cataracts, spend a stimulating day learning eye exercises and nutrition protocols that can improve your vision. Dr. Samuel A. Berne has been practicing behavioral optometry and vision therapy for more than 20 years. He specializes in helping people improve their vision using an integrative, holistic approach.  
Nov 16, S, 9:30a–4p  
CRN 21746  
Berne, Fee: $59

**NEW! Insider’s Guide to Affordable Quality Health Care**  
Secure affordable high-quality health care. How can you find the best doctors and reduce your medical expenses before and even after you incur them? Learn how doctor and hospital billing really work and how you can take more control of your health care. Discover how to navigate Medicare, innovative uses of health and flexible savings accounts and how to avoid expensive, often unnecessary tests and procedures. Understand your legal rights including privacy, advanced health care directives and power of attorney for health care and financial issues. Designed for people in their 60s and adult children of seniors. A doctor’s insider information will help you. The book, *Getting the Health Care You Deserve In America’s Broken Health Care System*, by Dr. Lawrence W. Lazarus is included in the registration fee.  
Oct 4–26, S, 10–11:30a  
CRN 21852  
Lazarus, Fee: $99

**Stretch Like a Cat**  
Movement is medicine. Just watch a cat stretch and purr. Enjoy simple exercises combining movement, breath and whole-body stretching adapted from Yoga, Qi Gong, Martial Arts, Clowning, animal observation and diverse dance traditions. Energize and relax your body by releasing stress and tension, improving balance, connecting body awareness and enhancing creativity and joy. Experience your dynamic body and have fun. Open to everybody.  
Sept 10–Oct 15, T, noon–1p,  
CRN 21748  
Oct 22–Nov 19, T, noon–1p,  
CRN 21749  
Newberg, Fee: $69

**3 Days to Better Golf Essentials**  
Learn or improve basic golf techniques in a focused 3-day class. LPGA golf teaching professional Holly Spellman will lead you through the essentials of setup, grip, posture, alignment and swing so you can enjoy your playing time this fall. Small class size allows for individual attention. Bring your own clubs or use clubs available during class. Meet at Marty Sanchez Links de Santa Fe.  
Aug 12–Aug 14, MTW, 8–9:30a,  
CRN 21755  
Sept 3–Sept 5, TWTh, 8–9:30a,  
CRN 21754  
Spellman, Fee: $149

**3 Days to Better Golf Intermediate**  
Wonder why the golf ball does what it does? Want to correct instead of compensate on the golf course? Focus on the fundamentals of the full swing and the short game.
in a focused 3-day class. LPGA golf teaching professional Holly Spellman will lead you through the intermediate level play.

Aug 12-Aug 14, MTW, 9:30-11a, CRN 21756
Sept 3-Sept 5, TTh, 9:30-11a, CRN 21757
Spellman, Fee: $149

3 Days to a Better Short Game
Do you want to lower your score and improve your short game? Focus on your chipping, pitching and putting. Fifty percent of golf shots are made from 80 yards or closer. In a focused 3-day class learn different setup and ball positions, proper alignment and how to choose the right club.

Sept 23-Sept 26, MTW, 8-9:30a, CRN 21759
Spellman, Fee: $149

Hiking Santa Fe Baldy
Have you ever wanted to conquer the highest mountain in Santa Fe and the tallest point of the southern Sangre de Christo Range? Discover the beautiful Winsor Trail to Santa Fe Baldy as you climb through pine and aspen groves and up beyond the tree line to 360-degree views as your reward for getting to the top. The strenuous 13.5 mile round-trip hike with 3,517 feet elevation gain will take all day. Ascend to the top, half way up or maybe just a little way. To prepare you, will receive a detailed hiking workout plan and information about clothing, shoes and food during an orientation session.

Sept 21-Oct 12, S, 8a-1p
CRN 21760
Jannsen-Kerr, Fee: $99

Zhineng Qigong: Chi Lei Qigong
Zhineng Qigong (Chi-Lei Qigong) is the world’s most popular medicine-less Qigong. Zhineng Qigong was created by Dr. Pang Ming and has over 20 million followers. Zhineng Qigong combines Traditional Chinese Qigong healing methods and Western mindfulness techniques. Learn Dr. Pang’s Body/Mind exercises, Lift Qi up Pour Qi down method and 3-centers-merge meditation. Learn how to bring positive universal Qi energy into the body and how to release negative Qi energy that causes illness. All levels of fitness are welcome. Qigong can be practiced standing or sitting and no equipment is necessary.

Sept 11-Oct 16, W, 9-11a
CRN 21747
Silver, Fee: $89

Reduce Stress with Guided Meditation and Hypnosis
Stress is everywhere. It is in our environment; it lives within us and it touches every aspect of our lives. Although we often cannot change the circumstances of our lives, we can change our reactions to them. Learn guided meditation and hypnosis techniques that will help you better manage the stress in your life and minimize its impact.

Sept 12, Th, 6-8p, CRN 21750
Oct 17, Th, 6-8p, CRN 21751
Christianson, Fee: $29

Mindfulness Practice
Improve your health and well-being by learning the practice of Mindfulness. Discover how to reduce stress, increase awareness and remain present in your life. Research has verified that practicing Mindfulness can change the brain and body to become more conscious and peaceful. Using meditation techniques and gentle yoga, you will experience reduced stress and increased kindness toward yourself and others. This class is open to all.

Aug 20-Oct 8, T, 5:30-7p, CRN 21752
Oct 15-Dec 3, T, 5:30-7p, CRN 21753
Salveson, Fee: $89

The Second Half of Life: Emotional and Spiritual Wisdom
Find your inner wisdom as you embark on the next stage of life’s journey. Prepare to experience the second half of life as a process of enabling growth through a deep exploration of your life’s meaning and purpose. Discover who you have become as you release an initiating ego-based identity and uncover what you want to pass on to the next generation. Explore through experiential exercises by journaling, creating art, listening to music, visualization and discussion. Reclaim your untended creative talents and shift your focus from ambition to meaning to grow into the exceptional elder you’ve always imaged you would become. Based on the work of Angeles Arrien. No class Mar. 19.

Sept 17-Oct 29, T, 9:30a-noon
CRN 21745
Berman, Fee: $179
Preventing and Reversing Diabetes Naturally
What are the signs and symptoms of type 2 pre-diabetes and diabetes? How can you naturally reduce the risk of developing type 2 diabetes? Learn strategies to prevent or reverse diabetes through lifestyle modification, diet and nutrition, and the use of herbal medicines, vitamins, mineral and other natural supplements. Through lecture and discussion, discover the health risks associated with this disease.
Sept 28, S, 10-11:30a, CRN 21762
Oct 17, Th, noon-1:30p, CRN 21763
Franklin, Fee: $29

Intermediate Pickleball
Come and play on the four new SFCC courts! This class is geared toward players who wish to bring their game to the next level. You must have a solid understanding of the rules and enough playing skill to qualify for a 3.0 rating. Strong desire to improve can be substituted for skill. Guest teachers will attend some sessions.
Sept 8-Oct 13, Su, noon-2p, CRN 21850
Oct 20-Nov 24, Su, noon-2p, CRN 21851
Woodd, Fee: $89

Adult Beginning Swimming
Enjoy an introduction to swimming techniques in SFCC’s warm water pool. Designed for adults who want to get more comfortable in the water while learning how to swim laps with a variety of the swim strokes. If you’re already comfortable in the water, great! Join us to get pointers on developing your swim strokes. Emphasis is on basic swimming drills and having a good time while doing it. No class March 24, 2018
Sept 8-Oct 13, Su, 11-11:50a, CRN 21704
Oct 20-Nov 24, Su, 11-11:50a, CRN 21705
Gebhart, Fee: $79

Iyengar Yoga
Developed by yoga master B.K.S. Iyengar more than 60 years ago, Iyengar yoga promotes strength, flexibility, endurance and balance through coordinated breathing and poses that require precise body alignment. Equipment like blankets, straps and blocks help the less flexible and also distinguishes Iyengar from other types of yoga. Although Iyengar incorporates the traditional postures, or asanas, that make up the broader category of hatha yoga, the props revolutionized yoga by enabling everyone — even the elderly, sick and disabled to practice. Because of its slow pace, attention to detail and use of props, Iyengar yoga can be especially good if you’re recovering from an injury.
Sept 8-Oct 13, Su, 11a-12:15p, CRN 21683
Oct 20-Nov 24, Su, 11a-12:15p, CRN 21691
Sloane, Fee: $89

Small Group Personal Training
A personal trainer is a fitness professional involved in exercise prescription and instruction. They motivate clients by setting goals and providing feedback and accountability to clients. Now you can benefit from a personal trainer in a small group setting, all at an affordable price. It is recommended that you purchase a one-month pass so you may continue to work out during the week. Additional passes may be purchased at the front desk. No class March 24, 2018
Sept 8-Oct 13, Su, 11a-noon, CRN 21709
Oct 20-Nov 24, Su, 11a-noon, CRN 21687
Martinez, Fee: $89

SUNDAYS AT THE FITNESS CENTER
Recreational Pickleball
Pickleball is a funny name for a racket sport played on a badminton court with special pickleball paddles and net. Pickleball has rules similar to tennis, it is easy to learn and is great exercise for all ages and abilities. This game is accessible to the competitive as well as the beginning adult player. Learn the basics then enjoy recreational play. Already know how to play Pickleball? Just register and come play! Especially popular with seniors, this sport offers exercise in a fun, affordable format.
Sept 8-Oct 13, Su, 10-11:30a, CRN 21678
Oct 20-Nov 24, Su, 10-11:30a, CRN 21679
Hall, Fee: $79

Intermediate Pickleball
Come and play on the four new SFCC courts! This class is geared toward players who wish to bring their game to the next level. You must have a solid understanding of the rules and enough playing skill to qualify for a 3.0 rating. Strong desire to improve can be substituted for skill. Guest teachers will attend some sessions.
Sept 8-Oct 13, Su, noon-2p, CRN 21850
Oct 20-Nov 24, Su, noon-2p, CRN 21851
Woodd, Fee: $89

Adult Beginning Swimming
Enjoy an introduction to swimming techniques in SFCC’s warm water pool. Designed for adults who want to get more comfortable in the water while learning how to swim laps with a variety of the swim strokes. If you’re already comfortable in the water, great! Join us to get pointers on developing your swim strokes. Emphasis is on basic swimming drills and having a good time while doing it. No class March 24, 2018
Sept 8-Oct 13, Su, 11-11:50a, CRN 21704
Oct 20-Nov 24, Su, 11-11:50a, CRN 21705
Gebhart, Fee: $79

Iyengar Yoga
Developed by yoga master B.K.S. Iyengar more than 60 years ago, Iyengar yoga promotes strength, flexibility, endurance and balance through coordinated breathing and poses that require precise body alignment. Equipment like blankets, straps and blocks help the less flexible and also distinguishes Iyengar from other types of yoga. Although Iyengar incorporates the traditional postures, or asanas, that make up the broader category of hatha yoga, the props revolutionized yoga by enabling everyone — even the elderly, sick and disabled to practice. Because of its slow pace, attention to detail and use of props, Iyengar yoga can be especially good if you’re recovering from an injury.
Sept 8-Oct 13, Su, 11a-12:15p, CRN 21683
Oct 20-Nov 24, Su, 11a-12:15p, CRN 21691
Sloane, Fee: $89

Small Group Personal Training
A personal trainer is a fitness professional involved in exercise prescription and instruction. They motivate clients by setting goals and providing feedback and accountability to clients. Now you can benefit from a personal trainer in a small group setting, all at an affordable price. It is recommended that you purchase a one-month pass so you may continue to work out during the week. Additional passes may be purchased at the front desk. No class March 24, 2018
Sept 8-Oct 13, Su, 11a-noon, CRN 21709
Oct 20-Nov 24, Su, 11a-noon, CRN 21687
Martinez, Fee: $89

T’ai Chi
T’ai Chi is an exercise consisting of slow meditative movements. Its purpose is to circulate and balance your "chi" or vital life force energy. Health benefits include better balance, blood pressure control, and reduction of stress related symptoms. Older adults are encourage to try this class. No class Sept 2 and 9, and Nov 25.
Sept 8-Oct 13, Su, 11a-12:15p, CRN 21696
Oct 20-Nov 24, Su, 11a-12:15p, CRN 21697
Sanchez, Fee: $89

Register by calling 505-428-1676
Warm Water Exercise
For the injured, or those over 50, this class helps to regain or build your strength. Water provides resistance in all directions as we move; it will help strengthen your muscles, ligaments and tendons while you improve your balance. This is a slow, steady and kinesthetically conscious movement class to be strong and able. Outside of class, do the same exercises as an aerobic workout. Catherine Louisell is a massage therapist and movement specialist.

- Sept 8-Oct 13, Su, 1-2:15p, CRN 21712
- Oct 20-Nov 17, Su, 1-2:15p, CRN 21715
Louisell, Fee: $89

Happy Body
This is a class for all adults who want to enjoy living in their bodies more. To loosen up and relax, you will use imaginative movement, including stretching, isometrics, self-massage, breath, sound and movement meditation. Use the techniques that work for you to move fluidly and with more awareness.

- Oct 20-Nov 17, Su, 11:30a-12:30p, CRN 21742
Louisell, Fee: $79

Beginning Tennis
Learn the fundamentals of the game, including ground strokes, service, volley, overhead smash, rules, strategy and conditioning. Bring your own racket and high altitude tennis balls. Enrollment is limited.

- Sept 8-Oct 13, Su, 11a-noon, CRN 21692
- Oct 20-Nov 24, Su, 11a-noon, CRN 21694
King, Fee: $89

Intermediate Tennis
Learn the fundamentals of the game, including ground strokes, service, volley, overhead smash, rules, strategy and conditioning. Bring your own racket and high altitude tennis balls. Enrollment is limited.

- Sept 8-Oct 13, S, noon-1p, CRN 21693
- Oct 20-Nov 24, Su, noon-1p, CRN 21695
King, Fee: $89

Adult Intermediate Swimming
Advance beyond Adult Beginning Swimming and further develop all your swimming strokes: freestyle, backstroke, butterfly and learn to dive. Swim laps in the 25-yard lap pool for self-paced exercise to increase your endurance. Improve your strokes with guidance from instructor and receive a weekly written swimming workout guide to keep. Beginning lap swimmers are welcome to join in.

- Sept 8-Oct 13, Su, 1:50-2:50p, CRN 21707
- Oct 20-Nov 24, Su, 1:50-2:50p, CRN 21708
Gebhart, Fee: $79

HOME AND GARDEN

NEW! Master Gardening Sampler
Discover what the Santa Fe Extension Master Gardener Program is all about in this intensive sampler with nine expert instructors teaching different gardening experiences. Learn about rose gardens, how to select native plants, historic garden restoration, propagating cactus, growing herbs and vegetables and about attracting bees. Explore soil testing and a cool-season vegetable garden you can use year round. Meet the instructors at different locations around Santa Fe. Bring a hat, sunblock, water and a snack.

- Sept 28-Oct 12, S, 9a-1p
- CRN 21845
Santa Fe Master Gardeners, Fee: $99

Garden Superstars
When it comes to knowing what will grow in New Mexico, few people have more experience than Bob Pennington, owner of Agua Fria Nursery for more than 40 years. Learn about plants and flowers that do incredibly well in our soil and harsh conditions. These are plants that you can ignore and they still thrive and look beautiful. Even if your thumbs aren’t green, you can be a success in your garden.

- Oct 22, T, 7-9p
- CRN 21764
Pennington, Fee: $29

Aqua Moves
Get moving in a low impact environment. This shallow water class will be held in the SFCC warm water pool. Learn a series of exercises that will help strengthen your muscles while giving you a good aerobic workout at the same time. Enjoy moving while listening to good music. Use a series of water-resistance equipment to make water aerobics fun.

- Sept 8-Oct 13, Su, 10-10:50a, CRN 21700
- Oct 20-Nov 24, Su, 10-10:50a, CRN 21702
Gebhart, Fee: $79
Simple Greywater Systems
Make use of your household wastewater. Greywater is an important resource that can be used safely for creating gardens and wildlife habitats in our dry climate. This class covers New Mexico greywater code, appropriate soaps for use in these systems and basic gravity-fed greywater systems at Ampersand Sustainable Learning Center, including mulch basins, infiltration chambers and pumice wicks.

   Sept 14, S, 9a-noon
   CRN 21771
   Bramble, Fee: $39

Introduction to Permaculture
Permaculture is a way to design ecological habitats and food production systems. Discover to the principles, ethics and design methodology that make permaculture an appropriate tool for community self-sufficiency. Learn about zones, microclimates, stacking functions, waste resources and more. Examples from the Ampersand Sustainable Living Center will be highlighted.

   Aug 24, S, 9a-noon
   CRN 21770
   Bramble, Fee: $39

Xeriscape Gardens
Xeriscape gardens are water-wise landscaping. They are well-planned, use water efficiently and can even appear lush. Everybody talks about xeriscape; learn what it is, the basic principles of xeriscape and how to design for good looks while saving water. Bring questions about how to introduce the principles into your yard or garden.

   Nov 5, T, 7-9p
   CRN 21766
   Pennington, Fee: $29

Arid Land Restoration
Learn to restore the unique landscape of the arid Southwest. Heal degraded landscapes through mulching, seeding, and creating erosion control and water harvesting structures that create microclimates for moisture and growth. Structures like one rock dams, rock rundowns, medialunas and zuni bowls are introduced. It's all about harvesting organic matter, storing water in the soil and encouraging vegetative growth and stable landscapes. Examine the ecological restoration projects and their success rates at Ampersand Sustainable Learning Center. We will also tour SFCC's grounds and observe patterns on the land.

   Oct 12, S, 9a-noon
   CRN 21772
   Bramble, Fee: $39

Gardening Good Enough to Eat
These days, everyone is trying to figure out how to stretch the family budget a little further. Planting your own “eat-ables” has never been more important. Bob Pennington talks about how to raise a successful vegetable garden. Learn to plant and how to sneak edibles in-between flowers and other garden plants. Bring your questions. Even at this altitude and with our soil, you can grow your own food.

   Oct 29, T, 7-9p
   CRN 21765
   Pennington, Fee: $29

Growing and Building without Soil: Hydroponics and Aquaponics
Northern New Mexico’s growing environment is challenging. Drought and changing climate make gardening difficult causing more reliance on buying products imported from out-of-state. Discover the methods used at SFCC to grow food without soil during a one-day introductory workshop. Hydroponics and aquaponics systems work to create fully recycling systems producing food year around in controlled environments. Tour SFCC's growing systems and learn how to create your own soilless growing environment. Complete this workshop before participating in the more advanced “Build a Soilless Growing System.”

   Nov 9, S, 9a-2p
   CRN 21767
   Shultz, Fee: $129

Manage and Build a Soilless Growing System
Discover how to manage and build your own soilless growing system to get your garden started. Learn about managing a soilless production system using controlled environments such as greenhouses and indoor spaces. In the afternoon, you will participate in building a growing system using materials that are locally sourced. You will be working with power tools so dress appropriately and no open-toed shoes. Safety and personal protection equipment will be provided. You will receive a complete building manual to build your own system including a parts and price list and list of vendors. Complete “Growing without Soil” before participating in this more advanced workshop.

   Nov 10, Su, 9a-2p
   CRN 21768
   Shultz, Fee: $129

Register by calling 505-428-1676
SPANISH LANGUAGE

Sequence of Spanish classes in our program:

Spanish Preparation
Basic Spanish I
Basic Spanish II
Basic Spanish III
Grammar Review
Past Tense I (Preterit)
Past Tense II (Imperfect)
Conversation
Spanish Intermediate I
Spanish Intermediate II
Reading and Writing
Advanced Spanish Study

Special Topics:
(Completion of Past Tense I and Past Tense II Required)

Expanding Your Vocabulary
El Verbo: “Haber”

Spanish Preparation
All students must take this class first in our Spanish program. Students who have taken Spanish in the past or who have no knowledge of the language must take this class, which is a non-traditional approach to the language. This provides a solid foundation to proceed to Basic I, II and III. No class Sept 2.

Aug 26-Sept 25, MW, 5:30-7:10p, CRN 21575
Lerner, Fee: $129
Aug 27-Sept 26, MW, 1-2:30p, CRN 21576
El Kadi, Fee: $129
Sept 30-Oct 30, MW, 5:30-7p, CRN 21622
Lerner, Fee: $129
Oct 1-Oct 31, MW, 1-2:30p, CRN 21625
El Kadi, Fee: $129
Nov 4-Dec 4, MW, 5:30-7p, CRN 21649
Lerner, Fee: $129
Nov 5-Dec 5, MW, 1-2:40p, CRN 21650
El Kadi, Fee: $129

Basic Spanish I
This is the first basic class in a series of three, designed to give students a solid foundation in Spanish grammar and a working knowledge of important structures of the language. The Spanish Preparation class is a prerequisite to this course. No class Sept 2 and Nov 28.

Aug 26-Sept 25, MW, 5:30-7:10p, CRN 21575
Lerner, Fee: $129
Aug 27-Sept 26, MW, 1-2:30p, CRN 21576
El Kadi, Fee: $129
Sept 30-Oct 30, MW, 5:30-7p, CRN 21622
Lerner, Fee: $129
Oct 1-Oct 31, MW, 1-2:30p, CRN 21625
El Kadi, Fee: $129
Nov 4-Dec 4, MW, 5:30-7p, CRN 21649
Lerner, Fee: $129
Nov 5-Dec 5, MW, 1-2:40p, CRN 21650
El Kadi, Fee: $129

Basic Spanish II
This is the second basic course in the series to give students a solid foundation in Spanish grammar and a working knowledge of important structures of the language. Completion of Basic I is required. No class Sept 2 and Nov 28.

Aug 26-Sept 25, MW, 5:30-7:10p, CRN 21577
Sanchez-Cuesta, Fee: $129
Aug 27-Sept 26, TTh, noon-1:30p, CRN 21578
De Escobedo, Fee: $129
Sept 30-Oct 31, MW, 5:30-7p, CRN 21626
Sanchez-Cuesta, Fee: $129
Oct 1-Oct 31, TTh, noon-1:30p, CRN 21628
De Escobedo, Fee: $129
Nov 4-Dec 4, MW, 5:30-7p, CRN 21651
Sanchez-Cuesta, Fee: $129
Nov 5-Dec 5, TTh, noon-1:40p, CRN 21653
De Escobedo, Fee: $129

Basic Spanish III
This is the third basic course in the series of three, designed to give students a solid foundation in Spanish grammar and a working knowledge of important structures of the language. Completion of Basic II is required and the same textbook is used.

Aug 26-Aug 22, MTWTh, 5:30-7:30p, CRN 21572
Mayans, Fee: $129

El Verbo "Haber"
Learn the use of the very important verb “haber.” Students will learn the personal and impersonal uses of this key verb. Completion of the Past Tense II or the permission of the instructor is required.

Aug 12-Aug 22, MTWTh, 10a-noon, CRN 21570
Mayans, Fee: $129

TWO-WEEK INTENSIVES:

Spanish Preparation
This two-week Spanish Preparation course, offered before each semester, is an intensive course with a non-traditional approach. This class provides a solid foundation to proceed to Basic I, II and III, and is a condensed version of the five-week Spanish Preparation class. Students who have taken Spanish in the past, or who have no knowledge of the language must take this class first as part of our Spanish program.

Aug 12-Aug 22, MTWTh, 1-3p, CRN 21571
Mayans, Fee: $129

El Verbo "Haber"
Learn the use of the very important verb “haber.” Students will learn the personal and impersonal uses of this key verb. Completion of the Past Tense II or the permission of the instructor is required.

Aug 12-Aug 22, MTWTh, 10a-noon, CRN 21570
Mayans, Fee: $129

Basic Spanish I
This is the first basic class in a series of three, designed to give students a solid foundation in Spanish grammar and a working knowledge of important structures of the language. The Spanish Preparation class is a prerequisite to this course. No class Sept 2 and Nov 28.

Aug 26-Sept 25, MW, 5:30-7:10p, CRN 21575
Lerner, Fee: $129
Aug 27-Sept 26, MW, 1-2:30p, CRN 21576
El Kadi, Fee: $129
Sept 30-Oct 30, MW, 5:30-7p, CRN 21622
Lerner, Fee: $129
Oct 1-Oct 31, MW, 1-2:30p, CRN 21625
El Kadi, Fee: $129
Nov 4-Dec 4, MW, 5:30-7p, CRN 21649
Lerner, Fee: $129
Nov 5-Dec 5, MW, 1-2:40p, CRN 21650
El Kadi, Fee: $129

Basic Spanish II
This is the second basic course in the series to give students a solid foundation in Spanish grammar and a working knowledge of important structures of the language. Completion of Basic I is required. No class Sept 2 and Nov 28.

Aug 26-Sept 25, MW, 5:30-7:10p, CRN 21577
Sanchez-Cuesta, Fee: $129
Aug 27-Sept 26, TTh, noon-1:30p, CRN 21578
De Escobedo, Fee: $129
Sept 30-Oct 31, MW, 5:30-7p, CRN 21626
Sanchez-Cuesta, Fee: $129
Oct 1-Oct 31, TTh, noon-1:30p, CRN 21628
De Escobedo, Fee: $129
Nov 4-Dec 4, MW, 5:30-7p, CRN 21651
Sanchez-Cuesta, Fee: $129
Nov 5-Dec 5, TTh, noon-1:40p, CRN 21653
De Escobedo, Fee: $129

Special Topics:
(Completion of Past Tense I and Past Tense II Required)

Expanding Your Vocabulary
El Verbo: “Haber”
Basic Spanish III
This is the third basic course in the series of three, designed to give students a solid foundation in Spanish grammar and a working knowledge of important structures of the language. Completion of Basic II is required.

- Sept 30-Oct 30, MW, 5:30-7p, CRN 21630
- Nov 4-Dec 4, MW, 5:30-7p, CRN 21654
- Staff, Fee: $129

Grammar Review
This is the first in a series of three courses with a non-traditional approach. Students will complete an intensive review of all the previous basic courses and grammar in preparation for learning past the tense. Completion of Basic III or permission from the instructor is required. There is no textbook. No class Sept 2.

- Aug 26-Sept 25, MW, 10-11:40a, CRN 21580
- Aug 27-Sept 26, TTh, 7-8:30p, CRN 21590
- Mayans, Fee: $129

Spanish: The Past Tense II (Imperfect)
This course is the third in a series of three with a non-traditional approach to learning the imperfect tense. Completion of the Past Tense I or permission from the instructor is required. There is no textbook. No class Nov 28.

- Nov 4-Dec 4, MW, 10-11:30a, CRN 21655
- Nov 5-Dec 5, TTh, 7-8:40p, CRN 21656
- Mayans, Fee: $129

Spanish Conversation
In this conversation class, students will improve their oral communication skills and vocabulary through reading, writing and conversation. Past Tense II or the permission from the instructor is required. No class Sept 2 and Nov 28.

- Aug 26-Sept 25, MW, 10-11:30a, CRN 21595
- Aug 27-Sept 26, TTh, 10-11:30a, CRN 21643
- Nov 4-Dec 5, TTh, 10-11:40a, CRN 21667
- Lerner, Fee: $129

Spanish: Intermediate I
This three-part course will introduce the student to advanced Spanish using the Subjunctive mood in the present tense. This class is structured with an emphasis on practice and oral skills. Permission of the instructor is required. No class Sept 2.

- Aug 27-Sept 26, TTh, 10-11:30a, CRN 21595
- Oct 1-Oct 31, TTh, 10-11:30a, CRN 21637
- Nov 4-Dec 5, TTh, 10-11:40a, CRN 21667
- Lerner, Fee: $129
Spanish Intermediate II
In this three-part course the student will continue reviewing the Subjunctive mood in more advance cases and tenses. As in the previous Intermediate class, there will be an emphasis on practice and oral skills. Permission of the instructor is required. No class Sept 2.

Aug 26-Sept 25, MW, noon-1:40p, CRN 21601
Sept 30-Oct 30, MW, noon-1:30p, CRN 21644
Nov 4-Dec 4, MW, noon-1:30p, CRN 21669
Lerner, Fee: $129

NEW! Spanish for Business Professionals
Do you need to communicate with Spanish speaking people in a business or professional setting? Learn the basic vocabulary necessary to conduct business in Spanish. You will interpret business interactions and translate basic business documents. Converse in class with a special emphasis on learning to speak Spanish in an appropriate professional register. Discover basic information about the economies of the major Spanish-speaking countries. Prerequisite: successful completion of Spanish Preparation or permission of instructor.

Sept 30-Oct 30, MW, 5:30-7p, CRN 21836
Rosenberg, Fee: $129

Advanced Spanish Study
This is an advanced Spanish course where students read and discuss art, history, literature and current events to improve their skills in different areas. Completion of Intermediate II and permission from the instructor is required. No class Sept 2 and Nov 28.

Aug 27-Sept 26, TTh, 10-11:30a, CRN 21607
Aug 27-Sept 26, TTh, 5-6:30p, CRN 21613
Oct 1-Oct 31, TTh, 10-11:30a, CRN 21646
Oct 1-Oct 31, TTh, 5-6:30p, CRN 21647
Nov 5-Dec 5, TTh, 10-11:40a, CRN 21674
Nov 5-Dec 5, TTh, 5-6:40p, CRN 21675
Mayans, Fee: $129

NEW! Spanish for Medical Professionals
Do you need to communicate with Spanish-speaking patients and their families in your profession? Learn how to make requests, give commands and speak in a professional manner in medical contexts. Practice the terminology associated with some of the major medical specialties and translate simple medical documents. Gain skills to interpret effectively between providers and patients and in addressing certain cultural issues that arise in cross-cultural communication in a medical setting. Prerequisite: successful completion of Spanish Preparation or permission of instructor.

Sept 30-Oct 6, MW, 5:30-7p, CRN 21790
Lisz-Caravelli, Fee: $139

OTHER LANGUAGES

Beginning Portuguese
Portuguese is the sixth most natively spoken language in the world today and includes speakers from Europe, South America, Africa and Asia. Experience a playful introduction to the language and culture. By listening, speaking, reading and writing you will acquire basic knowledge about the grammar, lexicon and phonetics of this beautiful language. No prior knowledge is required.

Sept 30-Nov 6, MW, 5:30-7p, CRN 21790
Lisz-Caravelli, Fee: $139

ITALIAN CINEMA
Are you interested in watching Italian films and chatting in Italian? Join in creative activities to improve your verbal skills as well as your knowledge of Italian culture. Enjoy classic and more recent Italian films as you engage in conversations on the various topics addressed in the movies. Come and expand your language skills in a warm and friendly environment.

Aug 30-Sept 27, F, 5:30-7p, CRN 21831
Oct 4-Nov 1, F, 5:30-7p, CRN 21832
D’Aquino, Fee: $79

Beginning Italian and Conversation
Learn Italian in a stimulating class that combines Italian grammar with cultural activities. Discover the language through newspaper articles, poetry, comic strips and video recordings to help you master skills in four areas of communication: reading, writing, listening and speaking. Participate and interact with the other students in group activities that focus on Italian culture, music, art and cuisine. You will gain cultural and linguistic awareness of the Italian
language by watching Italian movies and TV programs that portray Italian lifestyle and daily events in order to understand different customs. No class Sept 2.

Aug 26-Sept 25, MW, 5:30-7p, CRN 21828
Oct 1-Oct 31, TTh, 5:30-7p, CRN 21829
D’Aquino, Fee: $129

Intermediate Italian and Conversation
If you are already familiar with the Italian language and have developed the basic skills to participate in a simple conversation, this is the class for you. Focus on developing additional listening and speaking skills as well as fluency and accuracy in the everyday use of modern Italian. Participate in group activities using a wide variety of materials including TV programs and newspaper articles to enable you to acquire cultural awareness of the Italian language. Required textbook: Practice Makes Perfect: Italian Conversation by Marcel Danesi — available on amazon.com.

Sept 30-Oct 30, MW, 5:30-7p, CRN 21830
D’Aquino, Fee: $129

French I
This basic course is for students with little or no background in French. Familiarization with speaking, understanding and pronouncing French in everyday life situations is emphasized, along with an introduction to sentence structure, beginning grammar and a hint of Francophile culture.

Aug 29-Oct 10, Th, 6:30-8p, CRN 21787
Mariel, Fee: $149

French II
This course is a continuation of French I. Students will further their studies and build on their basic knowledge of French through active conversations, complemented with reading and writing. No class Nov 28.

Oct 17-Dec 5, Th, 6:30-8p, CRN 21788
Mariel, Fee: $149

Introduction to American Sign Language
American Sign Language (ASL) is the first language of many deaf North Americans, and one of the most commonly used languages in the United States. Our skilled instructor makes learning sign language fun and easy. Take classes with a friend so you have a partner to practice with. This class is intended for those with little or no experience with ASL.

Oct 12-Nov 16, S, 10a-noon, CRN 21789
Vincent, Fee: $129

LEISURE

NEW! Meet a Real Life Indiana Jones
Discover the long-lost “Vatican” of an early Christian movement through the stories of archaeologist William Tabbernee. He led an international team to discover the lost city of Pepouza in Western Turkey. Learn how the team solved an historical mystery while gathering new information about the early form of Christianity called Montanism. Followers believed the New Jerusalem would descend from heaven near this site. Tabbernee will share his research, field work and adventures in Turkey.

Oct 15, T, 6-7:30p
CRN 21825
Tabbernee, Fee: $29

NEW! From Cabaret to Hair: 1970s Movie Musicals
A cultural shift in the late 1960s created audiences for maverick filmmakers Bob Fosse, Robert Altman and Ken Russell who reimagined musical storytelling with the films Saturday Night Fever, Rocky Horror Picture Show, Nashville, Cabaret, Hair, and Tommy. Musically, thematically and stylistically, these movies reflected changing times by addressing politics, the sexual revolution, antiestablishment views and the countercultural movement with country western music, rock and roll and disco to reinvent the genre with dark, adult material. Learn about the changing environment and enjoy excerpts from your favorite 1970s musical classics.

Sept 4-Sept 25, W, 6-8p
CRN 21792
Leventman, Fee: $99
NEW! Imposters: Films Faking New Mexico
Ever watch a movie based in New Mexico but not made in New Mexico? Our state has “starred” in films providing the locations for stories set in Sudan, Russia, Canada, Illinois and Texas. What about the movies that “faked” New Mexico? Learn about the history of filmmaking in our state and the more than 800 film and TV productions created from 1897 to the present. Discover how filmmakers choose locations and explore the films about New Mexico but filmed elsewhere. Truth or Consequences NM, Albuquerque, The Good, the Bad and the Ugly, Rat Race and Stalking Moon are just a few imposters.

Oct 1-Oct 15, T, 1-3p
CRN 21824
Berg, Fee: $99

NEW! Sibling Rivalry: Christianity and Islam
Christianity and Islam are both rooted in the Judaic-Monotheistic tradition. Like two headstrong sisters, they have experienced periods of dramatic rivalry, but also have learned from one another in periods of dialogue. Discover the historic, doctrinal and mystical dimensions of both faiths with an emphasis on how they relate to each other. Explore fascinating dimensions of faith that are rarely considered.

Sept 19-Oct 24, Th, 6-7:30p
CRN 21826
Hardman, Fee: $129

Great Civilizations of the Ancient World
Discover the history, culture, religions and day-to-day lives of the people of the world’s first great civilizations. Global exploration includes the Sumerians and Babylonians of the Far East; the Egyptians, Greeks and Romans of the Mediterranean world; the Mayans of Mesoamerica and the Harrapans and Early Chinese of the Far East. Focus on the archaeological remains of these civilizations to appreciate their art and architecture, food and agriculture, clothes and jewels, beliefs and practices, their impact on other civilizations and their lasting legacies.

Aug 14-Sept 18, W, 5:30-7:30p
CRN 21815
Tabbernee, Fee: $149

NEW! Ireland: War of Independence to Peace Accord
Discover the highlights of Irish political and cultural history from 1916 through 1999. This turbulent period of colonial rebellion, civil war, building a territorially-divided nation, and ethnic and religious hatred ended with the process of peace making. Discussions will be based on lectures, information from historical texts, documentary film clips and a guest lecturer on the Irish Peace Accord of 1999.

Oct 5-Oct 19, S, 10a-noon
CRN 21827
Molanphy, Fee: $129

Introduction to Bridge Workshop
Join a fun, quick and stress-free, one-day workshop introducing the games leading up to bridge. Designed for beginners and those who are returning to bridge after many years. Learn the three ways tricks are won, how to work with a partner, the impact of a trump suit and how to select the best one. Discover basic bidding and how to score. Off-campus at the Helman Bridge Center. $20 fee paid directly to the instructor.

Sept 8, Su, 1-4p
CRN 21812
Hinsman, Fee: $20

Modern Bridge I: Introduction
If you are new to bridge, or haven’t played for years, this is the class for you. Experience playing modern bridge from the beginning. Required textbook: Bridge Basics 1: An Introduction by Audrey Grant, ISBN 0-939460-90-4. Class meets off-campus at Helman Bridge Center.

Sept 17-Nov 5, T, 9:30-11:30a
CRN 21801
Gibbs, Fee: $129

Modern Bridge II: Bidding and Play
If you have completed Modern Bridge I, or if you played bridge in the past and want to review the fundamentals and bring your game up-to-date, this class is for you. We cover a different topic each week. Come by yourself or with a partner and learn in a relaxed, friendly atmosphere.

Sept 16-Nov 4, M, 5-7p
CRN 21806
Hinsman, Fee: $129

Meet your instructors on page 33.
Bridge: Supervised Play
Enjoy a weekly opportunity for newer bridge players to practice bidding and play in a relaxed and fun learning environment. No partner necessary. Drop into the Leonard Helman Bridge Center and practice with your peers. Mini-lesson on a basic bridge topic and questions answered as you play. Drop-in fee of $7 per session paid directly to the instructor.

Aug 15-Dec 5, Th, 9:30-11:30a, CRN 21804
Aug 18-Dec 15, Su, 1-3p, CRN 21805
Gibbs, Fee: $7 per session

Concealed Carry Training
New Mexico allows residents to carry a concealed handgun with a state license. Applicants must be 21 or older, complete 15 hours of training and demonstrate the knowledge and skills required by law. State-approved instructors cover selection, ownership and operation of revolvers and semi-automatic pistols, safe gun handling and key elements of accurate pistol shooting. Serious attention is given to legal issues. The course fee includes a comprehensive manual from the U.S. Concealed Carry Association and additional handouts but not ammunition. You don’t need to own a gun; pistols will be available for practice and qualification at the two outdoor shooting sessions.

Sept 27-Sept 29, FS, noon-6p
Su, noon-3p, CRN 21821
Oct 12-Oct 14, SSu, noon-6p
M, noon-3p, CRN 21822
Nov 15-Nov 17, FS, noon-6p
Su, noon-3p, CRN 21823
Bennett and Rayburn, Fee: $249

PERSONAL SAFETY

Beginning Pistol Shooting for Women
This introductory class is just for women, taught by a female instructor. The comfortable, small-group setting includes time for all your questions. Learn what every shooter should know about how revolvers and semi-automatic pistols work, safe gun handling, proper ammunition, cleaning and storage. The course takes you step-by-step through the fundamentals of pistol shooting, including stance, grip and aiming. The class concludes with an outdoor shooting session off campus. Pistols are provided (.22 caliber), and class size is limited to 6.

Aug 29, Th, noon-5p, CRN 21816
Sept 10, T, noon-5p, CRN 21817
Oct 9, W, noon-5p, CRN 21818
Bennett, Fee: $129

NEW! Pistol Shooting for Women II
If you have completed Beginning Pistol Shooting for Women, or if you have a bit of recent shooting experience with a handgun, take the next steps in gaining confidence and developing your skill. After reviewing the basics in the classroom, you will move to an off-campus outdoor shooting site. Safety is emphasized throughout the class. At the shooting site, the instructor will have several guns available in different calibers for you to try, both revolvers and semi-automatics. Class size is limited to 6.

Sept 24, T, 1-5p, CRN 21819
Oct 23, W, 1-5p, CRN 21820
Bennett, Fee: $129

MONEY MATTERS

NEW! Cybersecurity: Financial
Cybersecurity is a growing financial issue as data breaches, scams and identity theft are on the rise. What steps can you take to improve your online security? Learn the top ten identity theft threats you face and the actions you must take to stay safe. Create an action plan to improve your cybersecurity by following the checklist covered in class.

Oct 8, T, 5:30-8:30p
CRN 21799
Murphy, Fee: $49

Retirement Income: Make Your Money Last
This course introduces concepts and practices that help you make the most of your retirement assets. Learn how to size up your current situation and sources of income; alternative distribution methods; understand distribution rules; how to develop an investment strategy; and to prepare for the unexpected. Make the most of retirement income streams. The registration fee includes a workbook.

Nov 5, T, 5:30-8:30p
CRN 21796
Murphy, Fee: $49

Savvy Social Security and Medicare Planning
This informative class covers the basics of Social Security and reveals strategies for maximizing your benefits. Learn when to apply for benefits, when it makes sense to delay benefits, how to estimate your benefits, how to minimize taxes on Social Security benefits, how to coordinate Social Security with your other sources of retirement income and other tips. Review
different scenarios of when to choose to take Social Security payments along with a discussion on Medicare Part A, B, C and D options.

Sept 21, S, 9a-1p, CRN 21793
Nov 16, S, 9a-1p, CRN 21794
Murphy, Fee: $59

**Savvy Caregiver Planning**
Explore the range of issues families typically confront in Long-Term Care situations. Few families have prepared for the problems triggered by a caregiving crisis that endangers a loved one’s welfare and disrupts family harmony. This workshop explains key personal, medical, legal, and financial concepts that need to be addressed in a caregiving plan. A Caregiving Plan Overview Checklist, Resources List, Plan Template, Documents Checklist and Resources Guide will be provided.

Nov 19, T, 5:30-8:30p
CRN 21797
Murphy, Fee: $49

**IRA Planning Strategies**
This course will cover seven strategies for IRA planning, six rollover options for your retirement plan funds, three common required minimum distribution mistakes, the difference between indirect and direct rollovers, three different options for spousal IRA beneficiaries and how to coordinate your IRA planning with your overall retirement and estate strategy.

Oct 15, T, 5:30-8:30p
CRN 21795
Murphy, Fee: $49

**Savvy Tax Planning**
Understand the Tax Cuts and Jobs Act of 2017 to make better planning decisions. Discuss how this law affects you, your family, and your business; whether these changes will increase or decrease your future tax obligations; how to benefit from the new law and what changes you should consider making now and in the future. Learn about retirement tax strategies affected by the law.

Sept 10, T, 5:30-8:30p
CRN 21798
Murphy, Fee: $49

**MUSIC**

**NEW! Let’s Sing Phantom of the Opera**
Enjoy performing songs from the Phantom of the Opera musical like *All I Ask of You, Think of Me* and *Phantom of the Opera* in a group, in duets and as solos. Focus on the basic vocal techniques of body alignment, breathing, resonance and diction. Bring your favorite song from Phantom, a water bottle, a pad and pencil.

Sept 14-Oct 5, S, 1-3p
CRN 21737
Zimmermann, Fee: $129

**1960s Rock Music**
Enjoy an entertaining journey through the musical environment of the 1960s when all aspects of culture and the music business were changing. Discover how rock evolved musically, culturally and commercially from pre-Beatles pop to late-decade acid rock. Learn about significant songs of the era and recordings that influenced future artists and musical styles. Lively presentation includes music and photographs. Wear your dancing shoes!

Sept 26, Th, 6-8p
CRN 21847
Rosemont, Fee: $29

**How Motown Changed America**
How did the rise and success of the largest black-owned company in the country influence music and culture? Journey through the front door of the ambitiously named Hitsville, USA and explore how Barry Gordy, Jr. and his artists transformed music and America with its appeal to everyone. Lively presentation includes music and photographs. Wear your dancing shoes!

Sept 19, Th, 6-8p
CRN 21848
Rosemont, Fee: $29

**Sing Yourself to Better Health and Well-Being**
Scientific research documents that singing is good for your body and your mind. Improved breathing, posture, immunity, lowered stress, mental alertness and getting a better night’s sleep are just a few of the ways singing is good for you. Review and discuss recent research studies attesting to the health benefits of singing, especially for the older adult singer. Sing traditional rounds and part-songs while singing in unison and harmony. Through physical and vocal exercises, and using a variety of song styles, explore strategies and techniques to strengthen your singing voice and activate the health benefits of singing. No previous musical training or experience is necessary.

Nov 23, S, 9:30a-12:30p
CRN 21846
Zimmermann, Fee: $49
Beginning Guitar
If you've never played the guitar or you know a few chords and want to learn more, this course is for you. Learn tuning, chords, finger picking, strumming, lead guitar, reading notes and more. Explore different styles of music and learn a variety of songs during class. Bring your own guitar.

Oct 3-Oct 24, Th, 6-8p
CRN 21733
Lovato, Fee: $79

Instant Piano
Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you'll need to play any song in this one session. Any song. Any style. Any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. The instructor will collect a $29 materials fee for a book and online instruction.

Sept 21, S, 9a-noon
CRN 21730
Coffman, Fee: $35

How to Play Piano by Ear
Learn one of music's deepest mysteries: how to play songs without relying on music. A very practical presentation of music theory that includes predicting chord progressions, learning from recordings, and transposing all expressed in everyday language. This is an ideal follow-up to the "Instant Piano" class and is open to anyone with a basic understanding of chords on any instrument. Expand your musical horizons, and free yourself from sheet-music dependence. Materials fee of $29 will be collected in class by the instructor for the book and online instruction.

Sept 21, S, 1-3:30p
CRN 21731
Coffman, Fee: $35

Piano Series
This one-day series combines both Instant Piano and How to Play Piano by Ear. There is a $58 materials fee that will be collected by the instructor for two books and online instruction links.

Sept 21, S, 9a-3:30p
CRN 21732
Coffman, Fee: $59

Instant Guitar for Hopelessly Busy People
Have you ever wanted to learn the guitar but can't find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Class limited to 15 students. For ages 13 and older. For more information go to www.justonceclasses.com. Materials fee of $29 will be collected in class by the instructor for the workbook and practice DVD.

Sept 20, F, 6:30-9p
CRN 21729
Coffman, Fee: $35

Discover Your Singing Voice

Aug 24-Sept 7, S, 1-3p
CRN 21735
Zimmermann, Fee: $85

Sight-Singing for Choral Singers
Choral sight-singing is the ability to accurately read and sing the pitches, rhythms and words of a musical piece at first sight after being given a starting pitch or chord by an instrument. Achieving competent sight-singing skills is a component of becoming a complete choral musician. Research has shown that regular sight-singing practice improves skills in all areas of your musicianship. This course will give participants the opportunity to learn and practice specific skills that will develop their sight-singing ability in a choral context.

Sept 21-Oct 5, S, 10a-noon,
CRN 21736
Zimmermann, Fee: $85

Learn to Read Music
Have you ever wondered what those lines and little dots mean on a page of music? Well now is the time to find out. This class is designed for the very beginner or those who want to review basic music reading skills. Learn the basics of rhythm and pitch as well as the essentials of music theory. Required text: One Minute Theory, Student Edition,

Aug 24-Sept 7, S, 10a-noon
CRN 21734
Zimmermann, Fee: $85

**Guitar Intensive Workshop (Ages 8 to 14)**
Learn to play the guitar! Discover basic music and guitar theory, and learn a variety of songs. Bring your own guitar. Early registration is encouraged.

Oct 3-24, Th, 4:30-5:30p
CRN 21881
Lovato, Fee: $79

**PHOTOGRAPHY**

**NEW! Finding Your Photographic Voice**
What do your pictures say to a viewer? How can you make your photos communicate more effectively? Whether you plan for it or not, your photos impart a message to people who see them. Discover how to make what you say through your photos more intentional. Learn how to plan and render ideas visually and to understand the possibilities and limits of visual language. Some photographic experience and an idea of what you want to convey with your photos is recommended. Amateur or early stage professional photographers welcome. Class size is limited.

Oct 15-Nov 19, T, 6-7:30p
CRN 21800
Cohen, Fee: $149

**Learning to See Creatively**
Learn to get beyond the auto modes on your SLR camera. Become fully knowledgeable and comfortable adjusting the aperture, shutter speed and ISO settings. Master the use of camera metering and histograms. Discover lens focal lengths. Composition, camera angles and natural light conditions are covered as well. Learn to see in new and exciting ways. By the end of this workshop your photography skills will have made a huge leap forward. The sessions will be balanced between learning technical information and actual in-the-field photographing in order to practice what you have learned.

Sept 10-Oct 15, T, 6-8:30p
CRN 21739
Long, Fee: $149

**Landscape Photography**
The landscape surrounding Santa Fe is rich and diverse in photographic possibilities. You will be guided to sharpen not only your eye, but more importantly, your inner senses. Explore different terrains and components of the landscape as you get close and capture detail or gain a broader view. Find the magic of form, line, texture and color or black and white tonalities. Learn dynamic framing and perspective techniques. Capture the poetry of place in many of its nuances. Class will meet on location.

Sept 25-Oct 30, W, 6-7:30p
CRN 21738
Long, Fee: $149

**Digital Photography: The Camera**
Ready to take the leap into the world of digital photography but confused by the various products and technologies? This class simplifies the entire process by examining all aspects of the digital camera. Discuss resolution, compression, white balance, file formats and media cards plus all the other settings found on today’s digital cameras. Learn photography basics such as shutter speed, aperture or f-stop, ISO, flash, lenses, focus and many others.

Sept 14-Sept 28, S, 9a-noon
CRN 21740
Walenta, Fee: $99

[Customized workforce training to meet your company's needs.]
Santa Fe Aquatic Club
Santa Fe Aquatic Club is designed for United States Of America (USA) Swimming team members. Participant age range is from 6 to 18 years. The team will compete with other teams in swim meets within New Mexico. Students must be members of USA Swimming in addition to the course fee. Swimmers will be grouped by age and skill level. No class Nov 28.
Sept 3-Dec 20, TThF, 4-5:45p, CRN 21784, Fee: $339
Sept 3-Oct 25, TThF, 4-5:45p, CRN 21785, Fee: $179
Oct 29-Dec 20, TThF, 4-5:45p, CRN 21786, Tomas Duran, Fee: $179

Red Cross Pre-School Aquatics (Ages 3 to 5)
The preschool swim program is a two-level water adjustment and pre-swim program that helps develop skills in children 3 to 5 years old. The child must be ready to enter a group swimming program on his or her own. Please review our policy on lightning storms and pool use. SFCC has assembled a dynamic team of instructors for this program. The Instructors are Erick Druva, James Bolleter, Kristian Gebhart and SFCC staff.
Sept 7-Oct 12, S, 9:20-10a, CRN 21774
Sept 8-Oct 13, Su, 12:15-12:55p, CRN 21775
Oct 19-Nov 23, S, 9:20-10a, CRN 21776
Oct 20-Nov 24, Su, 1-1:40p, CRN 21781
Fee: $129

Red Cross Level 1 (Ages 6 to 13)
Make a splash in the pools at SFCC and enjoy a safe environment with our lifeguard instructors. Beginning swimmers are grouped by ability to ensure that they receive the quality instruction at their particular skill level. Please review our policy on lightning storms and pool use. Classes are generally limited to seven students per instructor. The Instructors are Erick Druva, James Bolleter, Kristian Gebhart and SFCC staff.
Sept 7-Oct 12, S, 10:10-10:50a, CRN 21778
Sept 8-Oct 13, Su, 1-1:40p, CRN 21779
Oct 19-Nov 23, S, 10:10-10:50a, CRN 21780
Oct 20-Nov 24, Su, 1-1:40p, CRN 21781
Fee: $129

Red Cross Level 2 (Ages 6 to 13)
Enjoy a safe environment with our lifeguard-instructors. Swimmers should be able to swim at least one-third of a lap in order to register for this class. Advanced swimmers are grouped by ability to ensure that they receive quality instruction. Please review our policy on lightning storms and pool use. Class sizes are generally about seven students per instructor. The Instructors are Erick Druva, James Bolleter, Kristian Gebhart and SFCC staff.
Sept 7-Oct 12, S, 11-11:40a, CRN 21782
Oct 19-Nov 23, S, 11-11:40a, CRN 21783
Fee: $129
BUSINESS AND PROFESSIONAL DEVELOPMENT

Digital Badges

What is a digital badge? SFCC Continuing Education now offers digital badges upon successful completion of some of our classes. A digital badge is a portable electronic credential that verifies your achievement. It provides evidence and proof of your skills or recognition of expertise. You can share your digital badge with current and future employers and with your colleagues electronically through your resume and on social media.

Design for 3D Printing

Design for 3D Printing Digital Badge
Earn a Digital Badge in Design for 3-D printing. This portable credential verifies your achievement of the following skills: ability to recognize unique properties of 3-D printing versus subtractive manufacturing techniques. Apply 3-D Printing considerations to CAD design. Understand the best CAD programs to use for designing 3-D printed parts. Design a part that is optimized for 3-D printing. Print designs that can include jewelry, industrial parts, small sculpture, and figures. Achieving Digital Badge requires passing written tests, plus completing 3-D printed project.

Operation of FDM 3-D Printing Technology Digital Badge
Fused Deposition Modeling (FDM) is the basis of many types of 3-D printers including most consumer models. This portable credential verifies your achievement of the following skills: understanding of the technology’s fundamental principles; optimization of CAD design for FDM and conversion to machine code; ability to operate FDM 3-D Printers including CAD file input, changing material, print bed alignment, etc.; post-processing of parts and basic troubleshooting such as unblocking the print head. Earning a digital badge requires passing written tests, and completing 3-D printed project.

Powerful Presentations

NEW! Producing Successful Galas
Plan and produce a successful gala that raises money and your organization's stature in the community. Discover how to build a budget that you can stick to, set fundraising goals, recruit and manage staff and volunteers and select the perfect venue. Create a theme tailored to your audience and learn how to pick menus, invitations, decor and entertainment. Develop and follow a timeline of assigned tasks including how to operate a silent auction. Become the director of a spectacular show that will make you proud.

Introduction to Your iPhone
Learn how to use your iPhone for more than phone calls. Get tips on basic setup and syncing through iCloud, along with an explanation of how the various tools like Contacts and Calendars fit together. Hear suggestions for

Project Management Professional (PMP) Exam Preparation
Advance your career by earning a PMI Certification and be recognized as a world-class professional. Learn the role of project manager and the 10 knowledge areas of project management. Prepare to take the Project Management Professional test. Earn a certificate of completion for required 35 contact hours in order to take the exam. Already certified? Earn up to 35 PDUs while improving your command of the principles. Project Management Book of Knowledge included in class fee. Additional PM membership fee of $145 required. You will join through the PMI website.
saving money on data consumption and extending battery life. Find out about useful apps and how you can configure your screen to personalize your experience.

Team Synergy: Empowering Productivity
Can a team’s power be more than the sum of its parts? Discover techniques that can improve your team’s effectiveness and enhance their impact within your organization. Learn the stages of team development, how to build a strategic team framework, and implement effective team-building tools that you can use immediately. If you are a supervisor, manager, project leader, business owner or staff member with lead responsibilities, come and explore the methods to empower your team.

Creativity and Innovation: Developing Your 21st Century Skillset
Creativity and innovation are critical skills for performing almost all jobs today. Explore what stimulates creativity in this highly interactive hands-on workshop. Develop techniques to improve individual and team problem solving and discover how to establish the necessary conditions to foster innovation. Build your creativity tool kit by using innovative techniques to generate better solutions for your personal and professional life.

DIGITAL SKILLS

Photoshop for Beginners
This hands-on course gives you a thorough overview of the almost limitless possibilities of Adobe Photoshop, the premier image-editing program. Topics include basic commands, image adjustments and enhancements, layers, special effects, selections, cropping and saving images for the web and email. Photoshop has many uses: marketing and business materials, restoring and retouching photographs and fine art imaging are just a few. Basic Mac or PC skills are required.

Adobe Photoshop Lightroom
Adobe Photoshop Lightroom software helps you bring out the best in your photographs, whether you’re perfecting one image, searching for ten, processing hundreds or organizing thousands. Create incredible images that move your audience. Easily manage all your images and showcase your work in elegant print layouts, slideshows, web galleries and online photo-sharing sites. Get just the look you want from every shot with state-of-the-art image processing tools that let you easily alter contrast, tune color, convert to black-and-white, add grain, reduce noise, adjust sharpness and more.

Introduction to MAC
This is a longer course than Learn to Love a Mac and moves at a slower pace, with the opportunity to try things at home between classes. Topics covered include internet and email, backing up on iCloud, organizing your files, working with photos and more.

Basic Excel
Whether you are running your household and need to create a simple budget or are running a small business, Excel helps you automate your tasks. Beginners are welcome. In this slow-paced class, you will learn simple spreadsheet techniques, entering, editing and saving data. Learn the toolbars, create mailing lists and learn to use Excel’s many automated, time-saving tools.

Creating a Web Portfolio: Gallery for Artists and Photographers
If you’re a visual artist of any kind, you need an online presence to share your work with the rest of the world. Building an online portfolio or gallery of images is easier than
you think. Come and build a gallery of sample images and learn several options for displaying your work. Leave with the knowledge of how to create and maintain an attractive, professional portfolio site.

Oct 26, S, 9a-1p
CRN 21685
Van Note, Fee: $79

Creating a Custom Website with WordPress
WordPress makes it easy to setup a customizable website. This content management system (CMS) is the most popular way to create and update blogs and websites. Create a website live on the Web in class. Hosting for your new site for a limited time is included.

Sept 21, S, 9a-1p
CRN 21686
Van Note, Fee: $79

Introduction to Social Media Basics
Introduces the basics of Facebook, Twitter, Instagram, LinkedIn and Pinterest. Topics include audience, purpose, demographics, image creation in Canva and Pic Monkey, obtaining and using stock images, review of successful social media campaigns and evaluation tools available, and management tools such as Hootsuite, Sproutsocial, Buffer and Facebook scheduling. Offered online.

Aug 19-Oct 12, WEB, CRN 21680
Arnold, Fee: $99, Lab Fee: $50

Social Media Basics
Develop your skills using the social media platforms of Facebook, Twitter, Instagram, LinkedIn and Pinterest and learn about blogging. Topics include successful social media campaigning, optimum scheduling, third-party scheduling, advertising, boost posting, Google analytics and social media integration with websites. Create and utilize a WordPress site. Offered online.

Oct 14-Dec 7, WEB, CRN 21681
Arnold, Fee: $99, Lab Fee: $50

Applying Social Media Techniques I
Offered: Online (Canvas). Students manage personal and business social media platforms and design campaigns that consider demographics, analytics, and efficiency. Students prepare for industry recognized exams that test their skills for the job market. Offered online.

Aug 19-Oct 12, WEB, CRN 21682
Arnold, Fee: $99, Lab Fee: $50

Applying Social Media Techniques II
A capstone course in social media techniques. Students create professional business social media platforms and design campaigns that consider demographics, analytics, and efficiency. Build a professional portfolio to prepare for the job market. Offered online.

Oct 14-Dec 7, WEB, CRN 21684
Arnold, Fee: $99, Lab Fee: $50

Have you ever waited for a class only to find it CANCELED?

Here are two ways to help keep your selected class on schedule:

1. Register early, do it today! Each class has a minimum required enrollment. Once that number is reached, the class is a “Go.”

2. Find a class you like? Encourage a friend to join you. Sometimes two or three people make the difference between “Go” and “Cancel.”

Register today online at www.sfcc.edu/ce or call 505-428-1676.

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Online classes designed for your comfort.

Prepare for employment in some of today’s hottest careers with a comprehensive, affordable and self-paced online Career Training Program. You can begin these programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

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2. Click the Courses link, choose the department and course title you are interested in and select the Enroll Now button. Follow the instructions to enroll and pay for your course. Here you will enter your e-mail and choose a password that will grant you access to the Classroom.

3. When your course starts, return to our Online Instruction Center and click the Classroom link. To begin your studies, simply log in with your e-mail and the password you selected during enrollment.

See a full listing of programs and online certificates at www.ed2go.com/sfccnm

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• EXPERT INSTRUCTORS
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• ONLINE DISCUSSION AREAS

Our instructor-facilitated online classes are informative, fun, convenient and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. Visit www.ed2go.com/sfccnm to learn more and register.

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Requirements
All courses require Internet access, email, Microsoft Internet Explorer or Firefox Web browsers. Some courses may have additional requirements. Visit our Online Instruction Center for more information.

Course fees start at just $75.
MEET YOUR INSTRUCTORS

Kendra Ratcliff-Arnold has an M.A. from UNM and is the principle of KLA Concepts where she works with hundreds of small businesses to deliver effective, award-winning branding campaigns. She has taught in the public schools, SFCC, WESST, the Santa Fe Business Incubator and the New Mexico Book Association.

Nancy Bennett is an NRA-certified firearms instructor affiliated with the U.S. Concealed Carry Assn. and approved by the New Mexico State Police. She is also co-owner of Shooting Star, a firearms training company.

Jeff Berg is a freelance writer, journalist and NM film historian. He has published two books on film, New Mexico Filmmaking and Historic Movie Theatres of New Mexico.

Diane Berman has an M.A. in Counseling from Santa Clara University. A practicing Marriage, Family and Child Therapist in NM, she teaches in the graduate programs at NM Highlands University and Southwestern College.

Maria Elena Bustamante Bernal is a Chef and Culinary Arts Instructor at SFCC.

Dr. Samuel A. Berne has been practicing behavioral optometry and vision therapy for more than 20 years. He specializes in helping people improve their vision using an integrative, holistic approach.

Sherry Bishop teaches Calligraphy and Lettering Arts. Through bookmaking and journaling techniques, she inspires creativity and self-expression using all water based mediums with a wide variety of pens and handmade tools.

Sarah Boisvert has more than 30 years’ experience in the design, development and commercialization of high technology products utilizing Digital Fabrication. Fab Lab Hub founder — an MIT-based Fab Lab Network non-profit and is Director of Fab Lab Santa Fe at SFCC.

James (Ted) Bolleter is SFCC’s Aquatics Supervisor and helps coordinate the kids’ swimming program for CE.

Amanda Bramble runs the Ampersand Sustainable Learning Center in the Madrid area.

Liz Brindley is an artist and the founder of Prints & Plants, a mobile art and ecology workshop that travels around New Mexico to teach about local agriculture through hands-on printmaking and art activities.

Julia Cairns is an artist and illustrator who lived for many years in Africa. She has illustrated 11 books for children, two of which have been translated into 20 languages. Cairns has taught many workshops and enjoys sharing her wealth of experience.

Lauren Camp has been a magazine editor and longtime freelance writer. Her published works have been in Ms., Food & Wine and other publications.

Iliana Carrillo is a senior art clay instructor certified by Art Clay World USA and as an artisan through the Precious Metal Clay National Guild.

Janie Chodosh earned an M.A. degree in environmental science and creative writing from the University of Montana. She worked as a naturalist at Yosemite National Park, a wilderness guide for the Colorado Outward Bound School, a trip leader for the Montana Natural History Center and as state education director for NM Audubon Society. She has published three books.

Carol Christianson, M.A., LPC, CHt is a certified counselor and hypnotherapist in private practice.

Craig Coffman has an M.Div. from Western Seminary. He has been an instructor of Instant Piano for over 20 years.

Stuart Cohen, a Yale graduate, worked as a professional photographer for nearly 30 years, has written five books — three on photography and two on psychology. His photos have been published worldwide and are included in the permanent collection of the Smithsonian.

Antonella D’Aquino earned a Ph.D. from Rutgers University in Italian Studies and taught Italian at Vanderbilt University, Rutgers and the University of California.

Tomas Duran is an assistant professor at SFCC teaching aquatics and a coach for the Santa Fe Aquatics Swim Team.

Aileen El Kadi earned a Ph.D. in Spanish and Latin American & Iberian Studies from the University of Colorado at Boulder. Portuguese is her first language and she conducted research on contemporary Latin American literature and cinema, Brazilian cultures and medieval Iberian literature and history.

Reverie de Escobedo is a retired bi-lingual educator from the Santa Fe Public Schools. She served as a translator for SFPS and for the House Rules Committee of the NM State Legislature, for Berlitz and for the City of Chicago Health Department.

Ken Everingham has an M.A. in Human Resource Development from George Washington University and an M.Ed. in Counseling from George Mason University. He has more than 20 years’ experience designing and delivering creative problem-solving and innovative training programs.

Emily Franklin is a Certified Holistic Nutritionist and a Doctor with a Master’s Degree in Oriental Medicine with more than 20 years experience treating patients.

Marvin Gabaldon is a professional bead work artist from the pueblo of Acoma, Taos and Ohkay Owingeh where he grew up. He has been beading for over 35 years, a skill he was originally taught by his mother and has honed it into beautiful artwork.

Richard Gabriel is a practicing tin artist whose work is available in many museum and gift shops around New Mexico. He is also an award-winning exhibitor at Spanish Market.

Kristian Gebhart has been a life guard for more than 15 years and a water safety instructor for 11 years at SFCC. She is skilled in teaching swimming to both children and adults.

Susan Gibbs is a retired attorney and middle school teacher who now works in teacher education. She enjoys playing and eaching bridge.

Jason Goodyear is a media composer, musician, sound artist and educator who works with new music and communication technologies and has been teaching at SFCC in Continuing Education for over 10 years.

Kevin Gorges has studied art in the U.S. and abroad, and has taught in Ireland and Italy. Currently he teaches at SFCC.
Benjamin Hardman holds a Ph.D. in religion from Temple University and an M.A. in literature from the University of Washington. He has taught both religion and literature in North Africa and the U.S. for two decades and lived in North Africa for 15 years.

Elizabeth Harris has been teaching sewing at SFCC for over 15 years.

Randall M. Hasson, BFA, teaches Lettering Arts and Calligraphy, Painting and Drawing and Journal Techniques. His work combines fine art and calligraphy to create paintings, which, in the words of collectors, “inspire conversation.”

Don Hisman is a Regional Master with the American Contract Bridge League and has been a member since 2011. He is a retired professor of Meteorology and Astronomy at Northern Virginia Community College.

Ute Jannsen-Kerr, M.A., has been teaching health, fitness, yoga and outdoor education classes at SFCC School of Fitness Education for 22 years. She is a certified Exercise Physiologist by the American College of Sports Medicine and has been leading hikes and snowshoe adventures in New Mexico and Colorado for the last 12 years.

Krystala Kalil holds an M.A. in Psychology and Counseling and an M.A. in Human Development. She is an educator, psychotherapist, businesswoman, facilitator and founder of Women Create! which provides writing and collage groups for women.

Alec Kerr, B.S., is an avid hiker, and rock climber, as well as a certified swim and ski instructor. He recently moved back to Santa Fe to start his own business and to share his passion for the Sangre de Cristo Mountains with others.

Kirk Kempter, Ph.D., is a local geologist who provides tours around the world for the Smithsonian and National Geographic.

Vlad King has been teaching tennis to adults and youth in Santa Fe for many years.

Lawrence W. Lazarus, M.D., has spent his 45-year career specializing in geriatric medicine and psychiatry. Past president of the American Association for Geriatric Psychiatry and a recipient of the National Institutes of Mental Health Geriatric Mental Health Academic award, he’s in private practice in Santa Fe, NM.

Patricia Lerner, originally from Lima, Peru, has been teaching Spanish in Santa Fe for 15 years. Her teaching style encompasses lots of practice so the student can integrate the theory learned.

Gordon Hall is an avid pickleball player and likes to share his enthusiasm for the game with others.

Michael Long has an MFA from the University of Colorado. Long has taught workshops in both art and photography in Austin, Boulder and Santa Fe.

Laura LoTurco-Gorian has an MFA in Visual Essay from the School of Visual Arts.

Catherine Louiseill is a massage therapist and movement specialist.

Andrew Lovato has been teaching guitar to Santa Fe youth and adults for 30 years. Formerly a professor at the College of Santa Fe, he is now an Associate Professor at SFCC and is serving as the City of Santa Fe Historian.

Lauren Mantecon, MFA, has exhibited her work both nationally and internationally. Lauren is currently represented by the Imogen Gallery in Oregon and is a former professor at the University of Portland.

Kathleen Mariel has a B.A. from Temple University, studied at Aix-Marseille Universitee SCCEFEE and completed the SFCC Teacher Academy. She is fluent in French and teaches at the Academy for Technology and the Classics Charter School.

Miquela Martinez is a fitness instructor with a B.S. in Exercise Science and an M.S. in Physical Education from UNM. She holds a personal training certification through the American Council of Exercise.

Tim Maxwell, Ph.D., is the Director Emeritus of the Office of Archaeological Studies, Museum of New Mexico. He has been involved in the archaeology of the U.S. Southwest and northern Mexico for over 40 years with an emphasis on prehistoric farming and turquoise trade.

Fernando Mayans oversees the Spanish language program in Continuing Education at SFCC and is a native of Uruguay. He teaches advanced Spanish classes as well as being a translator for the Santa Fe Opera.

Michael Allen McGuire is a professional fine artist and illustrator residing in Santa Fe. McGuire has taught for Media Arts and in Continuing Education for 15 years. His artwork can be seen at www.facebook.com/michaelallenmcguire.

Helen Clarke Molanphy, earned a Ph.D. in Humanities from the University of Texas/Dallas. Taught political science and history at Richland College in Dallas and has taught writing, film and sociology courses at Adams State University in Alamosa, Co. SFUAD and SFCC. Her memoir of her Irish American family, Over P.J. Clarke’s Bar, Tales from New York City’s Famous Saloon, was published by W.W. Norton in 2012.

Mary Jo Mulligan has been teaching yoga for over 20 years. One of a small number of India-certified Ashtanga Yoga teachers worldwide through kpijayi.org of Mysore, India. Credentialed with Yoga Alliance at the highest E-RYT 500 level, Registered Yoga Teacher and Educator. Holds an M.A. in Eastern Philosophy from St. John’s College, Santa Fe, NM.

Peter Murphy is a retirement and estate planning specialist and has been teaching at SFCC for over five years.

William Neuwirth has an M.S. in Biology and is a seasoned outdoor tour guide.

Deborah Newberg is the founder, director and lead choreographer of Saltanah Studios, a center for teaching Middle Eastern Dance. She has been on the faculty of the Dance department of SFCC since 2008.

Cheryl Noonan teaches and performs in NM for both public and private events. She enjoys teaching social dances such as West Coast Swing and Night Club 2-Step — two versatile styles that work with a wide variety of music.

David R. Parsons holds a Master of Science in Wildlife Ecology from Oregon State University and is retired from the U.S. Fish and Wildlife Service where he led the effort to reintroduce the endangered Mexican gray wolf to the American Southwest.

MelindaJoy Pattison has created and taught mandala art forms as an instrument of self-discovery for nearly 20 years. She has a Master’s in Counseling from Southwestern College and is a licensed Mental Health Counselor in private practice in Santa Fe.

Bob Pennington is the owner of Agua Fria Nursery. He has been gardening in Santa Fe for decades.
The Real Life is located at the DeVargas Mall. Owners Nick Streit and Ivan Valdez have extensive experience fly fishing and guiding in the Santa Fe area.

Diane Rolnick has a BFA in Painting and an M.A. in Art Teaching from Rhode Island School of Design. Lived in Italy, Boston, Philadelphia and New York before moving to New Mexico 20 years ago.

Dick Rosemont is a musician and writer and has produced and hosted radio programs. Formed his first rock band in 1963. For more than 43 years he has bought and sold record albums, currently in Santa Fe as The Guy in the Groove.

Brett Rosenberg holds a Ph.D. in Spanish Linguistics with more than 20 years teaching experience. He also has been working as a professional translator and interpreter in medical and legal contexts for more than 25 years.

Teresa Roybal has an MBA from Highlands University and is the Academic and Student Affairs Coordinator at SFCC.

Catherine Salveson, R.N., Ph.D., taught for 20 years at Oregon Health and Science University. Dedicated her career to the promotion and preservation of health as a nurse, public health administrator, educator and researcher. Completed Mindfulness Based Stress Reduction (MBSR) Training at Duke University.

Brenda Sanchez is a fitness instructor at SFCC.

Sonia Sanchez-Cuesta is from Spain. Head of the language department at Capital High School.

Isabelle Medina Sandoval holds an Ed.D. from the University of Wyoming and a Master's Degree from the University of Missouri. She has published poetry and two historical novels about New Mexico’s Crypto-Jews.

Sandra Schroeder, Ph.D., has developed a method of using watercolor that is loose, free and vibrant, taking full advantage of the medium. Trained in the basics at the Art Institute of Chicago, she has expanded her skill through extensive plein air painting, studio painting, workshops, critique groups and experimentation. She is a Signature Member of the NM Watercolor Society and has exhibited in a broad range of venues.

Charlie Shultz is Lead Faculty in SFCC’s Controlled Environment Agriculture Program. Earned two B.S. degrees, in Biology and Fishery Science from Virginia Tech. He attended Kentucky State University for graduate school.

Rick Silver is a certified Zhineng and Chi-Lel Qigong instructor and has studied and taught in New Zealand and the U.S.

Ginna Sloane is a certified Iyengar yoga instructor, who has been teaching for more than 15 years. She remains motivated to share the strengthening and opening of body, blossoming of spirit and calming of mind she has experienced through her own practice and teaching of yoga.

Carla Slentz is a native of Costa Rica, a passionate instructor and enjoys sharing cultural experiences with her students.

Sandra Smith, M.S., has more than 20 years experience teaching at the graduate and undergraduate university levels in writing, communications planning and presenting and general business communications.

Anna Sochocky is a writer with an emphasis on articles about horses and the equine community. After receiving her graduate degree in creative writing with a focus on memoir and a 25-year career in politics, Anna rediscovered her love of horses and riding upon meeting 17.3 hand Irish Sport Horse. Aside from professional writing, Anna spends most of her time with her horse and his 1,300 pounds of opinion, learning dressage movements and exploring the high desert.

Holly Spellman, a recently retired educator from SFCC, has been teaching golf for 15 years and has been with LPGA for the past eleven years.

John St. Peter has an MFA and teaches K through 8th grade at El Camino Real Academy.

Joseph Sulzburg, MIS, has operated a working glass studio since 1979. His commissioned works have been installed in private residences, corporate offices and churches throughout the country. Joseph has been a public school art and computer graphics teacher in Santa Fe and Richmond, VA.

William Tabbernee earned a Ph.D. in Ancient History and a Litt.D. in epigraphy, a sub-discipline of Archaeology. He is co-director of an archaeological dig in Turkey where he and his team discovered an important long-lost city.

Lee Romero Taylor is a coach for the Santa Fe Aquatics Club.

Aditi Thatte has taught cooking classes for more than 20 years. Aditi served as the Executive Director at Medfield TV in MA and has produced and hosted several cooking series videos and weekly cooking shows that aired in more than 90 cities across MA and NH. Her specialty is Indian Spice Cooking made easy.

Denisio Tisland is an experienced wine and spirits specialist and wine educator currently working with Total Wine & More in Santa Fe. He learned his presentation skills in the world of beauty and by sharing his passion for wine.
REGISTRATION

All registrations, whether online, by phone, by mail or in person, are being accepted now. Classes start throughout the semester. Find the latest Continuing Education class listings on our website at www.sfcc.edu/ce.

Many classes fill quickly. We recommend that you register no later than four working days before the starting date of the class. You may register for most classes up until the starting date, but if you delay, the class may either be full or canceled due to insufficient enrollment. Registrations cannot be accepted at classes.

Class Fees
Continuing Education classes are self-sustaining, and class fees must cover all program expenses. Fees are based on an estimated minimum number of students. Class fees are subject to change without notice. Check the website for current information and review the refund policy before registering.

Refund Policy
Class fees are automatically refunded in full when:
• the class or workshop is full.
• the activity is canceled.
• SFCC rejects the enrollment application.

If you drop a class, your class fee is automatically refunded based on the following:

Classes of three or more sessions
• If you drop a class before the second session, the full class fee will be refunded.
• If you drop a class after the second session, no refund will be given.

Classes of one or two sessions
• If you drop a class at least one day before the starting date, the full class fee will be refunded.
• If you drop a class less than one day before the starting date, no refund will be given.

Some classes have special refund policies. This information is listed in the class description. Allow three to five weeks for processing a refund.

Class Changes & Cancellations
A class will be closed when it reaches maximum enrollment, so register early. Classes with insufficient enrollment will be canceled three business days prior to the starting date of the class, and those registered will be notified of the cancellation by email or phone.

To make contacting you easier, provide an email and phone number with your registration. Refunds will be processed automatically for classes canceled by SFCC.

SFCC reserves the right to cancel any class. Class locations, dates, times and instructors are subject to change without notice.

Class Locations
Classes are held at SFCC and at other locations in and around Santa Fe. The location of your class will be noted on the confirmation you receive by mail.

EXCITING NEWS!
Continuing Education is improving its online registration system to better serve you. While the upgrade is taking place, let us help you register. Simply browse our classes online at www.sfcc.edu/ce and call us at 505-428-1676.
Fill out form out completely. CE staff uses this information to contact you about your classes. Register for as many courses as you wish.

First Name ______________________________ Last Name ______________________________

Student ID Number _____________________________ Date of Birth _____ / _____ / ________

Address _____________________________________ City _______________ State _______ Zip _______________

Phone _____________________________ q Cell q Other _________ E-mail Address _______________________________

CRN ________________  Course Title ____________________________________________  Fee $ _____________

CRN ________________  Course Title ____________________________________________  Fee $ _____________

CRN ________________  Course Title ____________________________________________  Fee $ _____________

CRN ________________  Course Title ____________________________________________  Fee $ _____________

TOTAL $ ______________

I certify that my information is correct. Signature ____________________________________ Date _____________

Checks payable to Santa Fe Community College and mail to: SFCC Continuing Education, 6401 Richards Ave., Santa Fe, NM 87508

If paying by credit card, complete the following:  

Card Number _________________________________________________ Exp. Date _______ / _______ / ________

Authorized Signature _____________________________________________________________________________

Fill out form out completely. CE staff uses this information to contact you about your classes. Register for as many courses as you wish.

First Name ______________________________ Last Name ______________________________

Student ID Number _____________________________ Date of Birth _____ / _____ / ________

Address _____________________________________ City _______________ State _______ Zip _______________

Phone _____________________________ q Cell q Other _________ E-mail Address _______________________________

CRN ________________  Course Title ____________________________________________  Fee $ _____________

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CRN ________________  Course Title ____________________________________________  Fee $ _____________

CRN ________________  Course Title ____________________________________________  Fee $ _____________

TOTAL $ ______________

I certify that my information is correct. Signature ____________________________________ Date _____________

Checks payable to Santa Fe Community College and mail to: SFCC Continuing Education, 6401 Richards Ave., Santa Fe, NM 87508

If paying by credit card, complete the following:  

Card Number _________________________________________________ Exp. Date _______ / _______ / ________

Authorized Signature _____________________________________________________________________________
CAMPUS INFORMATION

Santa Fe Community College
6401 Richards Ave., Santa Fe, NM 87508-4887
505-428-1000 | www.sfcc.edu

Campus Safety and Security
Call 505-428-1224 or cell 505-690-1477.

Continuing Education and Registration
Phone: 505-428-1676 | Fax: 505-428-1302
Office hours: Mondays through Fridays, 8 a.m. to 5 p.m.
For information about credit class registration, call 505-428-1270 or visit www.sfcc.edu.

Campus Closures:
Thursday, Aug. 8: Convocation
Monday, Sept. 2: Labor Day
Friday, Oct. 18: Faculty and Staff In-service Day
Thursday, Nov. 28 through Sunday, Dec. 1: Thanksgiving Break
Monday, Dec. 23 through Sunday, Jan. 5: Winter Break

Call the Weather Watch Line, 505-428-1716, check the website at www.sfcc.edu or sign up for SFCC text message and email alerts at www.getrave.com/login/sfcc

Facilities/Conference Space Rental
For information on prices and availability, call 505-428-1675.

SFCC Governing Board
Linda S. Siegle, Chair
Jack Sullivan, Vice Chair
George Gamble, Ph.D., Secretary
Kathleen D. Keith, Member
Martha G. Romero, Ph.D., Member
Becky Rowley, Ph.D., President, Ex-Officio
Ian Martinez, Student Member, Ex-Officio

SFCC President
Becky Rowley, Ph.D.

Students with Disabilities
If you have a documented disability and require assistance in class, call or visit the Office of Student Accessibility for coordination of your accommodations. The office is located in Room LL313. The phone number is 505-428-1455.

SFCC is a public institution accredited by the Higher Learning Commission with membership in the North Central Association of Colleges and Schools.
The information contained herein is valid as of November 1, 2018. While SFCC makes every effort to ensure the accuracy of the information, the college reserves the right to make changes at any time without prior notice.

SFCC is an equal opportunity/ADA-compliant institution. SFCC es una institución de igualdad de oportunidades en conformidad con ADA. Produced by SFCC’s Marketing and Public Relations and Continuing Education Departments.

Keep track of your unique student ID number for quick registration, payment, cancellation or other SFCC transactions.

SFCC Alert is the college’s automated emergency alert system for notifications about campus closures, weather delays and other emergencies. SFCC encourages Continuing Education students and instructors to enroll at no cost.

Visit getrave.com/login/sfcc and click on the Register button. Follow the directions in order to customize your notice preferences. Options include text messages, emails and phone messages.

For more information, contact SFCC’s Safety and Security Department at 505-428-1367.
Ignite a new passion with SFCC’s outstanding Continuing Education classes. Purchase gift certificates in any amount starting from $15, with no expiration date. To purchase a gift certificate call 505-428-1676 or visit the Continuing Education Office, Room 131.

All gift certificate purchases are final and can only be applied to Continuing Education classes. No refunds.

Teach Continuing Education at SFCC

Become an instructor in your area of expertise.

Looking for instructors in:

• Spanish Language
• Sunday Fitness
• Arts and Crafts
• Southwestern History

For information
www.sfcc.edu/ce
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March 7–17, 2020

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Learn More.
www.sfcc.edu/spain
505-428-1676 or maria.montoya3@sfcc.edu