

CERTIFICATE IN TRAUMATIC STRESS AIDE

(15 hrs.)

CIP: 51.1503

School of Liberal Arts and Core Studies, (505) 428-1370

This program provides an educational foundation for students and professionals working in the field of trauma treatment, counseling and social work. The program focuses on posttraumatic stress disorder, including its diagnosis and treatment; on crisis intervention, coping strategies and client stabilization; and on compassion fatigue, the user friendly term for secondary stress disorder, often experienced by crisis workers or witnesses of a traumatic event. Courses noted with an asterisk are eligible for Continuing Education Units (CEUs) awarded through the New Mexico Counseling and Therapy Practice Board.

PROGRAM OUTCOMES

Upon completion of this program, students will be able to:

- Identify the diagnostic criteria for PTSD.
- Apply the ABC model of crisis intervention.
- Describe effective community disaster interventions.
- Identify prevention strategies for compassion fatigue.
- Synthesize the process of debriefing emergency workers.

CORE REQUIREMENTS: (9 HRS.)

- *HUSV 280 Compassion Fatigue and Secondary Stress Disorder (3)
- *HUSV 285 Posttraumatic Stress Disorder, Diagnosis and Treatment (3)
- *HUSV 290 Crisis Intervention, Coping Strategies and Stabilization of Clients (3)

RELATED REQUIREMENTS: (6 HRS.)

Choose two from the following:

- HUSV 111 Human Services Professions (3)
- HUSV 130 Group Process and Counseling (3)
- HUSV 170 Loss, Bereavement, and Recovery (3)
- HUSV 200 Psychology of Addictive Behavior (3)
- HUSV 205 Effects of Drug Abuse (3)
- HUSV 210 Substance Abuse: Assessment, Evaluation and Treatment (3)
- HUSV 215 Families and Substance Abuse (3)
- HUSV 270 Case Management (3)
- HUSV 298 Human Services Internship (3)
- INTR 231 American Deaf Community (3)
- PSYC 125 Introduction to Counseling Professions(3)
- PSYC 130 Applied Health Psychology (3)
- PSYC 240 Abnormal Psychology (3)

NOTE: See “College Success Course Requirement” on Page 10.

TOTAL 15 CREDITS